

Christ the King Abbey

(Traditional Benedictines)
(Formerly St Francis of Assisi Chapel)
www.ChristTheKingAbbey.org
Cullman, Alabama
Every Sunday: 6:00 AM and 10:00 AM
Daily: 6:00 AM
Holy Days of Obligation:
6:00 AM - 8:00 AM - 7:00 PM

Our Lady of Lourdes Chapel
Montgomery, Alabama
10:45 AM
Only on first Sunday
of each month

St Pius V Chapel
Birmingham, Alabama
9:30 AM
Every Sunday except
first Sunday of each month

FIRST SUNDAY AFTER EASTER

Weekly Bulletin #984

Low Sunday

April 15, 2007 – White

Mass of Sunday; Gl; Cr; Pref. Easter

Is it possible for EVERYMAN to pray all the day long?

It is very important to direct our mind and heart toward God, with faith and love, before beginning anything, whatsoever it may be – any work, any effort. Our mind must be so ordered that it will place before us no end save the glory of our Heavenly Father. Our heart must be so conditioned that it will desire nothing other than God's Holy Will in all things. This does not mean that we sit and wait for the Will of God to flash before us before we undertake anything to do. As in all things else, it is suggested that ordinary intelligence is applied to the question of the Will of the Heavenly Father. God does not expect us, on the other hand, to use extraordinary intelligence (which we do not have) in determining His Holy Will. and the Holy Will of God is in earnest.

We direct our remarks to the "Prayerful (looking) and the difference is of necessity a Man of God! give any evidence of his much like our Divine Savior EVIDENCE of His calling. for human respect, clothes not his at all. He is all interior to support him – who went up to the temple

A man of prayer throughout the day, but his known "Morning Offering" example of the type of work must be an important even a man of prayer in the streets of the his work. Such being the be reduced to a simple spiritual spark rising up to resembles a brief expression, all-loving Father Who is

strife and weariness. A single word might well suffice to address oneself to God. A single word, coming from a loving heart, can be ever so eloquent and ever so pleasing to our Heavenly Father. What gives price, what gives value, to our prayer is the rectitude of our intention, the purity of our faith, and the intensity of our love!

One might be compelled to think that this entire program of spirituality is totally out of reach for everyday laymen who are subjected to the countless distractions of the world, and who must be concerned about the needs of family and the near inhuman demands of the workplace, and whose minds are absorbed with the pounding demands of fellowmen. Not so. One need change nothing – absolutely nothing – except one's POINT OF VIEW! This requires no activity, it takes no time, demands no physical effort, no change in environment. It requires ONLY a simple act of the will and a firm determination to follow through! Nothing more!



to the "Man of Prayer" not man"! There is a difference, amazing. The first is almost Such a man does not always high calling. He is very Himself, Who gave NO The latter, always looking himself with duds which are exterior, with nothing altogether like the Pharisee to pray: unacceptable!

repeats his prayer often prayer is not long. The well-is not here given as an prayer in question. Since part of the life of Everyman, (whether in the monastery or marketplace), must be about case, prayer can most often turning towards God, to a Him. It quite often a silent sigh, directed to an looking down upon our