

# Christ the King Abbey

(Traditional Benedictines)  
(Formerly St Francis of Assisi Chapel)  
[www.ChristTheKingAbbey.org](http://www.ChristTheKingAbbey.org)  
Cullman, Alabama  
Every Sunday: 6:00 AM and 10:00 AM  
Daily: 6:00 AM  
Holy Days of Obligation:  
6:00 AM - 8:00 AM - 7:00 PM

Our Lady of Lourdes Chapel  
Montgomery, Alabama  
10:45 AM  
Only on first Sunday  
of each month

St Pius V Chapel  
Birmingham, Alabama  
9:30 AM  
Every Sunday except  
first Sunday of each month

THIRD SUNDAY OF ADVENT (ROSE SUNDAY)

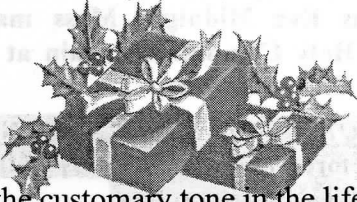
**Gaudete (Rejoice) Sunday**

December 17, 2006 – Purple / Rose  
Mass of Sunday; no Gl; Cr; Pref. Holy Trinity

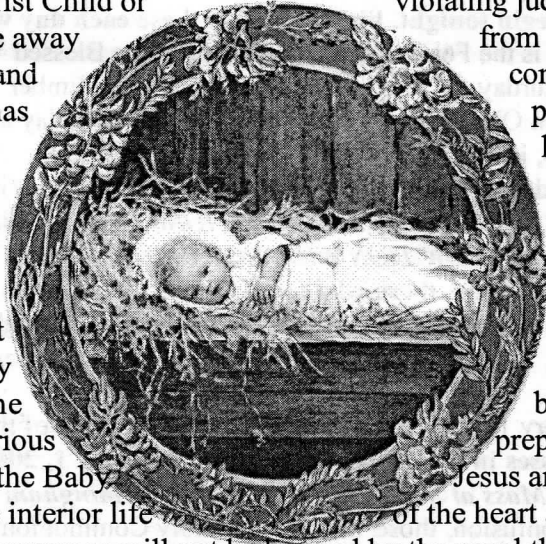
## ADVENT

### THE THIRD SUNDAY OF ADVENT ROSE SUNDAY

“Rejoice in the Lord always, again I say, rejoice ...  
The Lord is near. Have no anxiety.” (St. Paul)



If the customary tone in the life of the family is that of holiness; if the customary tone in the life of the family is obedience and respect for authority; if all things in the family circle are arraigned with sobriety and good taste; if the correctness of sound Catholic living prudently prevails in the household; if the family arrangements in the household are those normal in a house of God which is wisely ruled by the wise, then conformity to the prescribed penitential limitations of Advent will not discourage or hinder the usual cheerful feelings of excitement in preparing for the Christmas Festival. In a good Catholic home it is understood that the central figure of Christmas is Christ. Therefore the usual Christmas decorating of the house can be done without fear of offending the Christ Child or taste and custom. Let us not take away moment, including the normal and attached to the complete Christmas and not inappropriate fantasies make room for the saw-toothed Christmas regalia to enter in, souls. Such hideous monsters the child for a lifetime. formation, and example exist children will quickly and easily from that which is true, and the be overshadowed by the various permeated with true devotion to the Baby the spiritual development of the interior life fervor of a well-kept Advent observance will not be harmed by the usual thrilling Christmas excitement, and fantasy and anticipation will fill the precious minds of our children with happiness and joy. They will have no trouble gravitating around the really important excitement: that of the family pilgrimage to Bethlehem where they will visit with the Baby Jesus. As the adults busily engage themselves in filling the minds and hearts of their children with the beauty of the occasion, their own minds and hearts become filled with the same beauty. And as it always happens for those who love God, joy and peace and serenity will show forth from them, even in their happy countenances. It is ever so easy to distinguish those whose hearts flow full with the milk and honey which God has promised to those who truly love Him.



It is ever so easy to distinguish those whose hearts flow full with the milk and honey which God has promised to those who truly love Him

