

# Christ the King Abbey

(Traditional Benedictines)

( Formerly St Francis of Assisi Chapel)

[www.christthekingabbey.org](http://www.christthekingabbey.org)

Cullman, Alabama

Every Sunday: 6:00 AM and 10:00 AM

Daily: 6:00 AM

Holy Days of Obligation:

6:00 AM - 8:00 AM - 7:00 PM

Our Lady of Lourdes Chapel  
Montgomery, Alabama  
10:45 AM  
Only on first Sunday  
of each month

St Pius V Chapel  
Birmingham, Alabama  
9:30 AM  
Every Sunday except  
first Sunday of each month

EIGHTH SUNDAY AFTER PENTECOST

July 30, 2006 – Green

Mass of Sunday; Gl; Cr; Pref. Holy Trinity; comm. Ss Abdon and Sennen

Weekly Bulletin #946

## Peace of Heart

God has planned each human life, and He alone is aware of the use to which each human life is to be put in order that the usage of life may yield the full satisfaction of the human heart. God, and God alone, understands what must take place in us through life's processes in order that we may shake ourselves free from the restlessness and misery of our discontent and our sense of uselessness with which we are perpetually tortured.

God is the ONE Who made man and God is the ONE Who gave life to man; therefore it is ONLY He Who understands how man's life is to be lived. God knows to what plan life is to be lived to conform in the exercise of its activity, if the happiness for which He has created us is to result from our efforts in accordance with His grace. If man conforms his views to those of God and shapes his life to the Divine plan of living, happiness will issue from his life as its natural flowering. If we live our lives as God planned them to be lived (NOT as we plan to live them), we shall find happiness in so living. In that way ALONE is happiness to be found!