

1. There WILL be Catechism class after the 10:00 AM Mass this morning.
2. There WILL be the usual 5:00 Sunday Vespers and Benediction of the Blessed Sacrament this afternoon.
3. Today is Septuagesima Sunday. Today we begin reading the readings assigned for each day during this Season. These daily readings are important and should not be neglected without serious reason. The father of the family (or the mother, in the absence of the father) should do the reading, devoutly and with due gravity. The best time and place for these readings is at the table when and where everyone in the family is congregated for the main meal. Eating should not begin until after the completion of the reading and Grace is said. Another practice full of importance is a few minutes discussion of the lesson found in the previous Sunday's Bulletin. This lesson should be explained to the children with loving care and Catholic concern. Early in life, by careful instruction and example, children should be taught the proper and reasonable and correct religious way of living the Catholic life. Every parent – indeed everyone – must stay constantly aware of the tremendous force of evil!
4. Tuesday, February 14, 2006, is Valentines Day – the Feast of Saint Valentine. Enjoy the beauty and fun of this lovely day. Pray much on this day for your loved ones, and remember to thank God for the love and protection He gives to all who strive sincerely to please Him.
5. Friday, February 17, 2006, is the Remembrance of the Holy Family's Flight into Egypt (Roman Calendar). Let us ask the Holy Family for help and guidance in our flight from all the evils and snares of these Godless times.
6. Saturday, February 18, 2006, is the Feast of Saint Bernadette, and is the Name day of our Sister Mary Bernadette, OSB. Please keep Sister Bernadette in your special prayers on this day.
7. **EARLY NOTICE:** We will have **First Communion** for children during the 10:00 Mass on **Mother's Day, Sunday, May 14, 2006.** Anyone with a child who is ready for this awesome and important privilege, please see Father Francis, who will examine each child on how well they understand their religion, especially Confession and Communion. **First Confessions** will be heard on the Sunday before Mother's Day (**May 7, 2006**).
8. Please pray for all the Sick and Shut-ins of our Chapels. LET US ALSO PRAY FOR EVERYONE.
9. **MASSSES FOR THE WEEK:** (Father Abbot Leonard's schedule only)

SUNDAY:	For the People of our Chapels
MONDAY:	Special intention Carol Konecnik
TUESDAY:	Special intention Joan Landry
WEDNESDAY:	Special intention Marcelle Gauvin
THURSDAY:	Special intention Genevieve Gad
FRIDAY:	Special intention Peggy Rosenberg
SATURDAY:	Special intention Sister Bernadette, OSB (<i>Name day</i>)

SUGGESTED READINGS FROM SCRIPTURE FOR EACH DAY OF THE SEPTUAGESIMA SEASON

SEPTUAGESIMA WEEK

Sunday: Gen. 1: 1-26
Matt. 20: 1-16
Monday: Gen. 1: 27-31; 2: 1-10
Tuesday: Gen. 2: 15-24
Wednesday: Gen. 3: 1-20
Thursday: Gen. 4: 1-16
Friday: Gen. 4: 17-26; 5: 1-5
Saturday: Gen. 5: 15-31

SEXAGESIMA WEEK

Sunday: Gen. 5: 31; 6: 1-15
Luke 8: 4-15
Monday: Gen. 7: 1-5, 10-14, 17
Tuesday: Gen. 8: 1-13
Wednesday: Gen. 8: 15-22; 9: 1-6
Thursday: Gen. 9: 12-15, 20-29
Friday: Gen. 10: 1-6; 11: 1-8
Saturday: Gen 11: 10-30

QUINQUAGESIMA WEEK

Sunday: Gen. 12: 1-19
Luke 18: 31-43
Monday: Gen. 13: 1-16
Tuesday: Gen. 14: 8-20

Let us begin now to place ourselves in a Lenten frame of mind – a Lenten attitude of mind. A proper Lenten attitude should place focus not so much on **doing** as on **being**, with the end result of having become accustomed to **being** that which has spiritual importance. It is hopeful that whatever we learn during the Season of Lent will linger on after the Season is over. During Lent we should strive after **being** mortified; **being** penitential; **being** recollected. Individual acts of mortification or penance or reparation or anything else are not good enough. Any planned or predetermined act of mortification or penance or whatever has much less value than a mortified or penitential attitude of mind giving a subconscious response to whatever unexpected problem happens across the path of our daily life.

Individual acts of mortification, additional prayers, increased acts of penance, and all such like, are oftentimes tarnished with pride, especially as we look about us and notice that those around us are not so diligent as we are. The temptation that follows places us a cut above those around us who are not as diligent in the keeping of Lent as we are, and thus the labor we have performed gains no merit for us, rather, the pride involved injures the quality of our offering. Whatever we do, if it is to be offered as a sacrifice pleasing to God, it must be personal, private, spiritual, humble, honest, and serious. After that, we must strive to understand our neighbor's interior workings and then not place judgment upon him.