

# Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

[www.christthekingabbey.org](http://www.christthekingabbey.org)

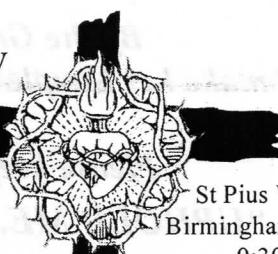
Cullman, Alabama

Every Sunday: 6:00 AM and 10:00 AM

Daily: 6:00 AM

Holy Days of Obligation:

6:00 AM - 8:00 AM - 7:00 PM



Our Lady of Lourdes Chapel  
Montgomery, Alabama  
10:45 AM  
Only on first Sunday  
of each month

St Pius V Chapel  
Birmingham, Alabama  
9:30 AM

Every Sunday except  
first Sunday of each month

FOURTH SUNDAY AFTER EPIPHANY

January 29, 2006 – Green

Mass of Sunday; Gl; Cr; Pref. Trinity; Comm. St. Francis de Sales

Weekly Bulletin #920

## *Only For The Love Of God*

The convent is indeed an unusual place, and words prove to be rather incapable of describing monastic life. Only she who lives in a convent knows monastic living. Only she whose full commitment is to a life of prayer and work for the greater glory of God will ever find the mysteries – the hidden secrets – of a life completely dedicated – consecrated – to God. It is devotion to a life completely dedicated to God that transforms the meanest drudgeries of hard work into joy and delight. Only she can understand what a convent is who has sacrificed herself to God for the welfare of her convent. Only she can understand what a convent is who has come to know firsthand the meaning of the drudgeries of hard work. Only she who has labored hour after hour to make of her convent a place of peace and prayer can ever come near the profound realization of the inexpressibly beautiful warmth that the love of God brings to the soul!

The nun is a relentlessly painstaking crafts woman, and each day she takes up her work with the intention of achieving perfection in whatever it is she has to do, even the most menial of tasks, because she knows that each perfection is but another step leading to the heights of contemplation – to union with God. The perfection that a nun seeks is not for the eyes of man. Perfection for the nun is for the eyes of God alone. The nun's every thought, word, and work is an act of love!