

# Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman, Alabama

Every Sunday:

6:00 AM and 10:00 AM

6:00 AM Daily

Holy Days of Obligation:

6:00 AM - 8:00 AM - 7:00 PM

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 AM

Only on first Sunday

of each month

St Pius V Chapel

Birmingham, Alabama

9:30 AM

Every Sunday except

first Sunday of each month

FEAST OF ALL BENEDICTINE SAINTS

Weekly Bulletin #909

**Twenty Sixth Sunday after Pentecost (6<sup>th</sup> Sunday after Epiphany)**

November 13, 2005 – White / Gold

Mass of Feast; Gl; Cr; Pref. Saint Benedict; Comm. Sunday

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Please refer back to Bulletin #907 and give sober thought to the two crowns – one of gold and one of thorns. Each of us is given both of them and **both** WILL be worn. We may freely choose which one to wear first. If we wear the crown of thorns first, the crown of gold awaits. If we choose to wear the crown of gold first, the crown of thorns awaits!

With the season of Advent fast approaching, the following words from *The Following of Christ* should be given serious thought (*Book 1, Chapter 24*):

17. Be now solicitous and repent for your sins, that in the day of Judgment you may stand secure and without fear in the company of the Blessed.
18. For then shall the just stand with great constancy against those who have afflicted and oppressed them. (Wis. V,1)
19. Then will he who now humbly submits himself to the judgment of men stand to judge others.
20. Then will the poor and humble have great confidence; while the proud will be taken with great fear on every side.
21. Then will it be seen that he was wise in this world, who had learned to be a fool and to be despised for God's sake. (Wis. V,3,5)
22. Then will every affliction patiently undergone delight us, "and all iniquity shall stop her mouth." (Ps. CVI,42)
23. Then will every devout man rejoice; and the ungodly will mourn.
24. Then will the mortified flesh rejoice more than if it had always been bathed in delights.
25. Then will the despised garment shine brightly; and the costly robe be vile.
26. Then a poor little cottage will be commended more than a great gilded place.
27. Then will constant patience avail more than all worldly power.
28. Then will simple obedience be exalted above all worldly cunning.
29. Then will a pure conscience cause greater joy than learned philosophy.
30. Then will the contempt of riches have more weight, and will profit more than all the treasures of the earth.
31. Then will a devout prayer give more comfort and joy than dainty eating and drinking.
32. Then will you rejoice more in having kept silence than in having held long conversations.
33. Then will good and holy deeds be of more avail than fine words.
34. Then will a hard life spent in severe penance be worth more than all earthly delights.
35. Learn now to suffer a little, so that you may be delivered from more grievous pain.
36. Prove first here what you can endure hereafter.
37. If now you can endure so little, how will you then be able to bear eternal torments?
38. If now a little inconvenience makes you so impatient, what will the pain of hell do then?
39. **Truly, you cannot have both joys, namely, to live here in delight, and hereafter to reign with Christ.**
40. If up to this very day, you had always lived in luxury and honors, what would all that profit you, if you were to die this instant?
41. All therefore is vanity, unless you love God and serve Him alone. (Deut. X,20)
42. For he who loves God with all his heart fears neither death nor hell nor punishment; for perfect love gives a sure access to God.
43. But he who takes delight in sin, what wonder is it if he be afraid both of death and of God's judgment.
44. Nevertheless, it is a good thing, if the love of God does not withhold you from evil, that at least the fear of hell should restrain you.
45. But he who puts aside the fear of God can never continue long in a good life, but will quickly fall into the snares of the devil. □