

# Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman, Alabama

Every Sunday:

6:00 AM and 10:00 AM

6:00 AM Daily

Holy Days of Obligation:

6:00 AM - 8:00 AM - 7:00 PM

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 AM

Only on first Sunday  
of each month

St Pius V Chapel  
Birmingham, Alabama

9:30 AM

Every Sunday except  
first Sunday of each month

ELEVENTH SUNDAY AFTER PENTECOST

Weekly Bulletin #894

July 31, 2005 – Green

Mass of Sunday; Gl; Cr; Pref. Trinity; Comm. St Ignatius

## *Jesus, Mary, I Love You! Save Souls!*

*For those who want to believe, no argument is necessary.*

*For those who do not want to believe, no argument is possible.*

*(Part 1)*

No matter who we may be, man, woman, or child, we must develop the habit of telling God often that we love Him. From the very beginning, let us understand that such a practice is indeed very simple, with nothing complicated about it. The only “difficulty” about it is that it does require strength of character and consistent determination. It is simply an act of love – pure and genuine!

For this purpose we need not say any long or specially memorized prayers which must be said at specified times during the day. All that we have to do is to tell Jesus and Mary in our own words that we love Them. Like a flash of lightening, this can be done at any time during the day or night, and at any place we happen to be in, while doing anything whatever. We can tell Them of our love when we are in church, as we walk down the street, while we are at work or resting, while we travel in a car or bus or train or plane or ship. We can express our love even while we eat or recreate. Our last thought at night, our first thought in the morning, should be to let Them know of our love for Them: “O my god, I love You!” The formation of the habit is probably the most difficult part of it all.

When we feel happy or when we feel sad; when we are in perfect health or when we are sick or indisposed; when things around us are just right or when they all go wrong; when we want to pray for the living or for the dead; when we are at peace or when we are beset by temptations; when our hearts are warm and full of devotion and love for God or when our hearts are cold as ice; when our minds are full of temptation against purity or hope or trust or faith: a simple and quick flash of love – “JESUS, MARY, I LOVE YOU! SAVE SOULS!” – works wonders! When a fit of anger invades us, and we are about to stage a raging fit of temper, these few and simple words change the scenery immediately. But they do more, much more – as we shall see later on.

Any place is a good place and any time of the day or night is a good time to hold conversation with Jesus and His loving Mother. The believer will look upon this as a most profound way to pray – the most pure way to pray. The unbeliever will call it silly kid stuff, or the behavior of lonely souls in their dotage and worried about dying. Holy conversation with Jesus or Mary or the Angels or the Saints is a most wholesome practice which can quickly bring peace and serenity to a troubled mind. It is not silly child stuff! As you know, we can even talk to Them mentally, without saying a word, and They will always understand us. We do not need to knock at the door of Jesus and Mary – at the door of the House of Nazareth – and wait for Them to open to us, because They are always near us, keeping us company during all or our lives. They are always ready to listen to us, and They are always anxious for us to hold conversation with Them. We should often let Them know that we believe Them to be near us, even though we do not necessarily feel Their presence. It is quite unwise (and most unnecessary to one who truly believes and loves) to place religious reminders all over the house: holy pictures, small statues, hanging rosaries, etc., etc., etc., in the bathroom, in the garage, in the automobile. All such is religious clutter and is not conducive to genuine love. Genuine love is in the heart, not plastered on every wall in the house. The true lover needs no reminder. The fire of love is in his heart, and the heat of the fire gives all the reminder needed. Our Home Chapel is an excellent place for us to reaffirm our love.