

# Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman, Alabama

Every Sunday

6:00 A.M. and 10:00 A.M.

6:00 A.M. Daily

Holy Days:

6:00 A.M.; 8:00 A.M.; 7:00 P.M.

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 A.M.

Only on first Sunday  
of each month

St Pius V Chapel  
Birmingham, Alabama

9:30 A.M.

Every Sunday except  
first Sunday of each month

THIRD SUNDAY OF LENT

February 27, 2005 – Purple

Mass of Sunday; No Gl; Cr; Pref. Lent

Weekly Bulletin #872

## THE HOLY SEASON OF LENT

### WHAT MUST I DO TO SAVE MY SOUL?

First I must have Faith –

But:

My Faith must be strong!

My Faith must be firm!

My Faith must be constant!

My Faith must be total!

Then I must have Trust (confidence in God) –

But:

My Trust must be strong – without any doubt!

My Trust must be firm!

My Trust must be constant!

My Trust must be total!

Then – AND MOST IMPORTANT – I must have Love (I must love God) –

But:

My Love must be strong!

My Love must be firm!

My Love must be constant!

My Love must be total!

*“Thou shalt love the Lord thy God with thy whole heart,  
and with thy whole soul, and with thy whole mind,  
and with thy whole strength.”*

Then I must adore God –

But:

My Adoration must be strong!

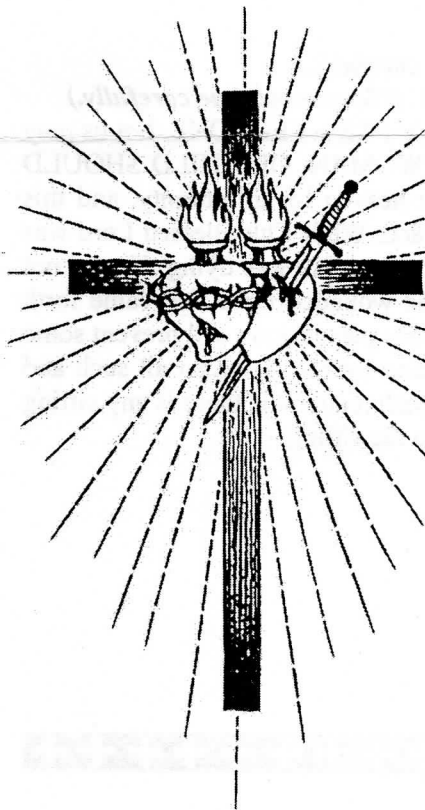
My Adoration must be firm!

My Adoration must be constant!

My Adoration must be total!

My Adoration must be stable!

My Adoration must be securely rooted in Faith, Hope,  
and, the greatest of them all, **CHARITY!**



Herein lies the basic formula which leads to the fundamental discipline of my soul, and ultimately to my salvation. This is not a mere suggestion, one that can be applied or rejected as my personal self-serving interests and devices dictate. It is the uncompromising, unalterable, and final **demand** placed upon me by God Himself. If I do not obey this command according to the Mind of God (even if by placing a simple personal interpretation upon it), then I have failed, and the sole purpose of my being here will be frustrated.