

Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman, Alabama

Every Sunday

6:00 A.M. and 10:00 A.M.

6:00 A.M. Daily

Holy Days:

6:00 A.M.; 8:00 A.M.; 7:00 P.M.

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 A.M.

Only on first Sunday
of each month

St Pius V Chapel

Birmingham, Alabama

9:30 A.M.

Every Sunday except
first Sunday of each month

THE SOLEMNITY OF SAINT BENEDICT

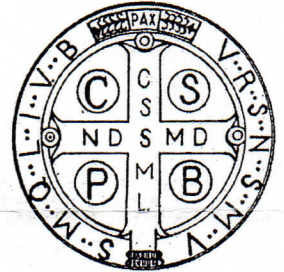
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Sixth Sunday after Pentecost

July 11, 2004 – White/Gold

Mass of St. Benedict; Gl; Cr; Pref. St. Benedict; Comm. Sunday

The Solemnity of Our Holy Father Saint Benedict



Benedictine Monks and Nuns must have the refinement which marks an ascetic. In them contemplation takes the place of learning, and prayer gives them understanding. Monks and Nuns are men and women of culture and refinement because they are persons of ordered living and lofty thinking. Benedictine monasteries and convents are not only citadels of contemplation, they are citadels of Faith. And because they are citadels of Faith, the monastics who live in them have no business engaging themselves in debate and proving. True ascetics waste no time in proving the presence of the Truth and Peace which exists within their hearts and minds and souls.