

Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman, Alabama

Every Sunday

6:00 A.M. and 10:00 A.M.

6:00 A.M. Daily

Holy Days:

6:00 A.M.; 8:00 A.M.; 7:00 P.M.

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 A.M.

Only on first Sunday

of each month

St Pius V Chapel

Birmingham, Alabama

9:30 A.M.

Every Sunday except

first Sunday of each month

FOURTEENTH SUNDAY AFTER PENTECOST

Weekly Bulletin #794

The Exaltation of the Holy Cross

September 14, 2003 – Green

Mass of Sunday; Gl; Cr; Pref. Trinity; comm. Exaltation and Ss. Cornelius and Cyprian

*“With desolation is all the land made desolate
because there is none that considereth in the heart!”*

(Jeremiah)

*The soul of any man, woman, or child is inclined, above all, to express its desires. The soul of every good man, woman, and child is inclined, above all, to express its desires. It is in holy desires which come from the heart that prayer lies. Prayer does not lie in the multitude and in the arrangement of words. When we have an inward thirst for conversing with Our Lord, when we feel the need of speaking with Him, all fancy words and high-sounding praises come to an end, and in the simplest language we simply tell Him how much we love Him. We tell Him how much we **desire** to love Him. Then, we listen, and we simply remain looking at Him in humble praise and adoration, in an attitude of reverence and confidence – **in silence!** Our association is not emotional, it is not agitated, and it is not in vision. Our association with God is a matter of commitment. It is a matter of decision. It must be total. It must be absolute. It must be expressed to our Eternal Father in love and filial expectation. Our arrangement with our Lord and God is simply **not** an agreement, as an agreement reached between two parties pledging conformity to a certain way of religious fulfillment. It is an act of pure love, in the quiet silence of the language of the heart. True prayer is not in the sound of the voice, or in the recitation of many, many prayers, but in the **desire** which comes forth from the hidden chambers of our hearts. It is not our words but our **desires** which give power to our cries in God's most secret hearing. If we ask for eternal life with our lips **without desiring** it from the bottom of our hearts, our cry is a silence to God. If, **without speaking**, we **desire** eternal life from the bottom of our hearts, our **silence cries out**, and God hears us.*