Christ the King Abbey

(Traditional Benedictines) (St Francis of Assisi Chapel) Cullman, Alabama Every Sunday 6:00 A.M. and 10:00 A.M. 6:00 A.M. Daily Holy Days:

6:00 A.M.; 8:00 A.M.; 7:00 P.M.

St Pius V Chapel Birmingham, Alabama 9:30 A.M. Every Sunday except first Sunday of each month

Weekly Bulletin #778

Our Lady of Lourdes Chapel Montgomery, Alabama 10:45 A.M. Only on first Sunday

of each month

FIFTH SUNDAY AFTER EASTER

May 25, 2003 -- White

Mass of Sunday; Gl; Cr; Pref. Easter; Comm. St. Gregory VII and St. Urban I

Shrough Thy Admirable Ascension

Deliver us. O Sord!

alory

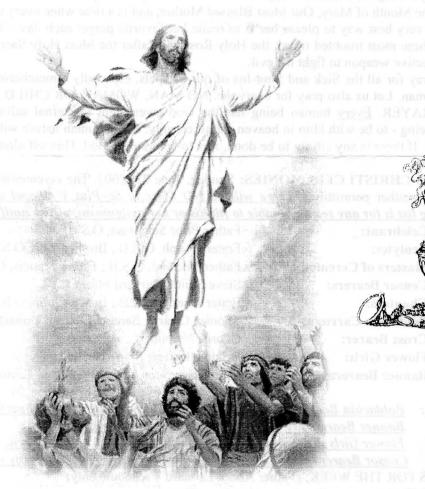
and

Honon

to Thee

Redeemer

King



Gratitude

The first and greatest duty of man is gratitude. Nothing is so acceptable to our Heavenly Father as a soul gnateful fon the gnaces and benefits which it has neceived. Gnatitude fon the past is a pledge of confidence fon the future. In actual fact. God demands that we give Him thanks fon benefits neceived - not because He needs oun gnatitude, but that oun <u>genuine expressions of gratitude</u> may move Him to grant us still greater benefits.