

Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman, Alabama

Every Sunday

6:00 A.M. and 10:00 A.M.

6:00 A.M. Daily

Holy Days:

6:00 A.M.; 8:00 A.M.; 7:00 P.M.

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 A.M.

Only on first Sunday
of each month

St Pius V Chapel

Birmingham, Alabama

9:30 A.M.

Every Sunday except
first Sunday of each month

Fourth Sunday after Easter
May 18, 2003 -- White
Mass of Sunday; G; Cr; Pref. Easter

Weekly Bulletin #777

Of Prayer . . .

We have spoken very much on the subject of PRAYER. Today let us hear again something that a master of holiness once had to say about prayer, Saint Bonaventure:

If you would suffer with patience the adversities and miseries of this life -

Be a man of prayer.

If you would obtain courage and strength to conquer the temptations of the enemy -

Be a man of prayer.

If you would mortify your own will with all its inclinations and appetites -

Be a man of prayer.

If you would know the wiles of Satan and unmask his deceits -

Be a man of prayer.

If you would live in joy and walk pleasantly in the ways of penance -

Be a man of prayer.

If you would banish from your soul the troublesome flies of vain thoughts and cares -

Be a man of prayer.

If you would nourish your soul with the very sap of devotion and keep it always full of good thoughts and desires -

Be a man of prayer.

If you would strengthen your courage in the ways of God -

Be a man of prayer.

In fine, if you would uproot all vices from your soul and plant all virtues in their place -

Be a man of prayer.

SPECIAL NOTE:

The world, the flesh, and the devil will seduce us into thinking that all such talk is ridiculous or, at best, only for old folks in their dottage - or for monks and nuns - who have nothing better - or PRACTICAL - to do. For God's sake and for the sake of our souls, let us think well on the above words of St. Bonaventure. However, to do so, we need God's grace, for it is while we are sincerely communing with God that we shall get that grace and thus become fitting instruments in His hands. This talk is for everyone, every man, every woman, every child; large or small; strong or weak; rich or poor; young or old. It is for everyone - - -

IN SEASON AND OUT OF SEASON!