not necessary to know what He did at any particular time, but to understand the MOTIVES that governed His actions. We must discover the guiding principle of His human life and make it the principle that rules all our actions. Our Lord tells us many times the thought that was always uppermost in His Mind, the ruling passion of His life. LOVE FOR THE WILL OF HIS FATHER WAS THE MOTIVE THAT RULED HIS LIFE. Love must be that which must direct our lives too, IF WE ARE TO BE "OTHER CHRISTS."

Submission to God's Will means the suppression of the pride of our fallen human nature and the fostering of that humility which Our Lord makes the MARK of His followers. If only we can bring ourselves to understand this one tiny statement we will place ourselves safely on the road that will take us back to the Garden from whence we were cast forth - once when we came to know the extent of our nakedness.

- 1. Anyone wishing to have candles blessed on Candlemas Day (February 2, 2003) should leave them in the Abbey Church vestibule before that date, in clean and neat containers with your <u>printed NAME</u> securely attached.
- There will be Catechism class after the 10:00 AM Mass today.
- 3. Please pray for all the Sick and Shut-Ins of our Chapels, especially remembering Manny Gomez. Pray, also, for all the sick and needy, the suffering and hungry, the oppressed of the world. Pray for all the children of the world. Pray earnestly for all Priests! Pray for sinners! Pray for all who have called upon us for prayer and help. Let us pray for each other, especially during these most troubled times.
- 4. MASSES FOR THE WEEK: (Father Abbot Leonard's schedule only)

SUNDAY: For the people of our Chapels MONDAY: Deceased Leonard Liuzzi, Sr. TUESDAY: Special intention Rita Banbury

WEDNESDAY: Deceased Joseph Pugh

THURSDAY: For the Poor Souls - in thanksgiving
FRIDAY: Special intention Father Michael Anaya
SATURDAY: Special intention Albert and Sara Schrader

The more we try to avoid suffering, the more be suffer, because smaller and more insignificant things begin to torture us, in proportion to our fear of being hurt. The one who does most to avoid suffering is, in the end, the one who suffers most: and his suffering comes to him from things so little and so trivial that one can say that it is no longer objective at all. It is his own existence, his own being, that is at once the subject and the source of his pain, and his very existence and consciousness is his greatest torture.

The base that supports the magnificent structure of the Roman Catholic Church

to is nothing more than a piece of wood: The Cross.

When we realize that God is not only in every one of our external events, but also in every internal event of ours - indeed, in every involuntary feeling we have - it is then that we can come to realize that, at every moment of our lives we are in touch with God, and that His hand is on us, and that we are carried in His arms. Our one care, therefore, must be to never jump out of God's arms and try to walk alone.

The Monks of Shrist the King Abbey and the Auns of St. Noseph's Monastery take this opportunity to thank profoundly all of you who attend Soly Mass in our Shapels. We are ever so grateful for all your prayers and for all of the wonderful Shristmas gifts you brought us during this Shristmas Season. May God bless each and every one of you for your loving kindness to us!