

Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman, Alabama

Every Sunday

6:00 A.M. and 10:00 A.M.

6:00 A.M. Daily

Holy Days:

6:00 A.M.; 8:00 A.M.; 7:00 P.M.



Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 A.M.

Only on first Sunday
of each month

St Pius V Chapel
Birmingham, Alabama

9:30 A.M.

Every Sunday except
first Sunday of each month

FIFTEENTH SUNDAY AFTER PENTECOST

September 1, 2002 -- Green

Mass of Sunday: Gl; Cr; Pref Trinity

Weekly Bulletin # 739



== St. Bonaventure Speaks ==

If you would suffer with patience the adversities and miseries of this life,

Be a man of prayer.

If you would obtain courage and strength to conquer the temptations of the enemy,

Be a man of prayer.

If you would mortify your own will with all its inclinations and appetites,

Be a man of prayer.

If you would know the wiles of Satan and unmask his deceits,

Be a man of prayer.

If you would live in joy and walk pleasantly in the ways of penance,

Be a man of prayer.

If you would banish from your soul the troublesome flies of vain thoughts and cares,

Be a man of prayer.

*If you would nourish your soul with the very sap of devotion and keep it always full of
good thoughts and good desires,*

Be a man of prayer.

If you would strengthen your courage in the ways of God,

Be a man of prayer.

In fine, if you would uproot all vices from your soul and plant all virtues in their place,

Be a man of prayer.

