

which leads to them. To develop this genuine humility, it is important always to practice humility and its associated virtues IN ONE'S THOUGHTS. Reveries, daydreaming and castles in the air, for example, designed to exalt oneself will hardly lead to true humility:

- 1 Brooding over humiliations.
- 2 Brooding over failures and mistakes.
- 3 Brooding over one's shortcomings.
- 4 Trying to retrieve one's mistakes in one's imaginings by imagining oneself to be a great speaker or actor or thinker or artist.
- 5 Trying to excuse oneself for mistakes or shortcomings.
- 6 Refusing to admit one's errors or inabilities, and even lying to oneself about them.
- 7 Putting the blame on somebody else.

All these are contrary to humility. In fact they could be dangerous, and could lead to an entirely false notion of oneself, even to a neurosis of some form or other. In passing, it might do no harm to point out that the practice of Christian humility and its inseparable associate, Christian confidence, based as they are upon the true relations between man and God, is one of the best ways of curing such ills. And it would be well to make it clear that what moderns call an "inferiority complex" is not humility. The former exaggerates one's defects, and morbidly refuses to accept them; humility is **truth and the glad acceptance of the truth.**

There are other ways in which **pride** can manifest itself, of which those who seek humility should be at least suspicious. **Ambition**, especially ambition for showy success, is often the fruit of pride:

- 1 The desire to control affairs.
- 2 To be in a position to manage others.
- 3 To make one's own will prevail. (This often comes from that form of pride which has, perhaps, the deepest of roots: **The love of one's own judgment.**)

- 1 Please pray for all the Sick and Shut-Ins of our Chapels, especially remembering Manny Gomez, Miriam Roy, and Frank Nash. Remember also Mother Angelica, and please remember all who have appealed to us for our prayers. Pray most earnestly for Priests - **all** Priests.
- 2 To Mothers - or Fathers - who approach the Holy Communion Railing together with young babies: --- Please **HOLD BOTH HANDS** of the young baby firmly when the Priest approaches with the Blessed Eucharist.
- 3 Regular Confession is not a matter of personal interpretation, it is a matter of serious consideration. Please do not approach for the reception of the Blessed Eucharist if you labor with a dubious conscience.
- 4 **MASSES FOR THE WEEK: (Abbot Leonard's Schedule Only)**
SUNDAY: For the People of the Chapels
MONDAY: For the Poor Souls
TUESDAY: Dec. Mary Sharrow
WEDNESDAY: Special Int. John Hamilton
THURSDAY: Dec. Elizabeth Edge
FRIDAY: Rev. Father George Salem, O.S.B. (II)
SATURDAY: Special Int. Mrs. Norman Kinnett

! Important Notice !

ST. PIUS V CHAPEL --- BIRMINGHAM

During the Month of August - **NEXT** - we have been asked to vacate the Chapel by 10:00 A.M. each Sunday.

THEREFORE - Mass will begin promptly at 9:00 A.M.

NO ROSARY BEFORE MASS

No confessions after - 8:50 A.M.