

Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman Alabama

Every Sunday

6:00 A.M. and 10:00 A.M.

6:00 A.M. Daily

Holy Days

6:00 A.M.; 8:00 A.M.; 7:00 P.M.

Our Lady of Lourdes Chapel

Montgomery Alabama

10:45 A.M.

Only on First Sunday

of each month

St. Pius V Chapel

9:30 A.M.

Birmingham

Every Sunday except

First Sunday of each month

SEXAGESIMA SUNDAY

February 3, 2002 - -- Purple

Mass of Sunday - NO GL; Cr; Comm St. Blaise; Pref Trin

Weekly Bulletin # 709



SEPTUAGESIMA

It is probably safe to say that today, we are besieged with UNTRUTH on every side, whether the matter is social in nature, or political or cultural or economic or RELIGIOUS. This latter (Religious) is most serious because all things, eventually, are influenced by Religious Conviction.

We are Catholic People and we belong to a Church and to a Religion that goes beyond the ages. It is true that throughout the ages, our Church and our Religion and Belief have been under constant attack, but never to the extent as today, - - and the past several decades, Serious though some of the attacks have been, the Catholic Church has always been able to withstand the attacks because they have always been from OUTSIDE the threshold of the Church. Now the attack is interior and deadly - most destructive! The peace of mind and the serenity of soul and the security of our Faith once given by the Catholic Religion and Church are no longer available, and the people of our day simply do not know the tone and quality of Catholic Life; true Catholic Life.

Some years ago there was an explosion in our Church and Religion and Belief, and every pillar of support and beauty and sanity and holiness within the structure of our Church and Religion and Belief, forever believed to be indestructible, has crumbled. Strangely enough, simultaneous with the Religious explosion, maybe because of it, everything around us has exploded - our social norms have exploded, our political norms have exploded, our cultural norms have exploded, our economic norms have exploded, our entertainment norms have COMPLETELY exploded, and our little children witness explosion everywhere. Nothing stands secure for them - NOT EVEN FAMILY.

There are some, because of God's Holy Grace - Catholic People - who continue to look to the Church and Religion and Belief of the ages, and who try to continue living according to established tradition and established teaching. There can be no doubt that the TONE of the established Catholic Religion produced happiness and peace - even though limited in this world, - and it prepared us for the unlimited happiness in the next. In the traditional Church - every day - we discovered new horizons without ever exhausting the infinite fountain of truth and beauty - - namely GOD - - and we drank freely at a FOUNTAIN OF SWEET LIVING WATERS. Only those of us old enough to remember, know the profound joy of yesteryear, a religious joy, a joy totally unknown today by those of us forced to wander about the salt waters of today's world.

In the good days of yesteryear, not to be viewed nostalgically, the average Catholic knew hardship and difficulty, but the average Catholic - the average genuine Catholic - surrounded his life with prayer. Because of his prayer life such a one was given supernatural lights which we might describe as divine consolations - - THEY WERE NOT MYSTICAL EXPERIENCES!

Our world does not know peace. It does not know peace because man no longer knows peace. It does not know peace because man is - more than ever before - an enemy to man. The world does not know peace because man - more than ever before - is enemy to his God! Since the man of today's world refuses to look at the spiritual and knows nothing about spiritual happiness and peace, it is idle to speak of such to him. Today's man prefers to walk past the tiny Fountain of Living Waters, and partakes of the waters of the limitless and vast ocean all full of salt and bitterness. The "ocean" is vast and its freedoms are vast and worth the salt and the fatigue it has to offer. Interior, spiritual and divine happiness cannot be imagined by those who have not ever experienced them.

By God's Holy Grace, we have been given certain insights that not all people enjoy. Why it is that we have been gifted with such insights - why we have been chosen - we cannot tell. God gives His grace to whomever He pleases, In our insights we have been able to penetrate the errors - - THE DESTRUCTION - - that resulted from the explosion that took place in our Church - the very same Church Christ promised to be with until the end of time. That promise still holds, and His Church, though reduced greatly, still exists and will continue to exist until the end of time. In hope and faith a remnant few suffering souls have elected to stand apart - not in a spirit of rebellion - but in a spirit of loyalty to TRUTH. For that, those of us who stand apart will not be confounded in

1. TODAY IS SEXAGESIMA SUNDAY - - - and should be looked upon as another day of preparation.
2. ASH WEDNESDAY: is not a holy day of obligation, but it is a day that requires special attention. Since there are those who simply cannot attend Mass on that day, it is highly recommended that time (about one hour) should be spent in serious prayer - at home and before the Monastic Altar. For those who can attend Mass on Ash Wednesday, the Mass Schedule in the Abbey Church is:

6:00 A.M. ** * * * * * 8:00 A.M. ** * * * * * 8:00 P.M.

3. NEXT SUNDAY - there will be no Catechism Class. TODAY THERE IS NO CATECHISM CLASS.
4. MARDI GRAS - - ("Fat Tuesday") - - is coming up next week. LET US ALL OFFER TO GOD our best prayers of reparation for the serious sins that the entire affair will cause to take place. It is so sad that the RELIGIOUS OVERTONES that should accompany this festival have been so completely brutalized by the brutalizers!

FOR THE HOLY PEOPLE OF GOD AND FOR US - those of us who recognize the correct religious meaningful purpose of MARDI GRAS - let us NOT hesitate to enjoy the last day before

* * * * * A S H W E D N E S D A Y * * * * *

and the beginning of the Holy Penitential Lenten Season. A lovely supper and a modest family party are very much in the Catholic Tradition and demonstrate the proper spirit of the occasion. Such a treat would be done in good Catholic Taste and CATHOLIC EXPERIENCE.

5. The St. Blaise Blessing of Throats will be given at all masses today, and at the 9:30 A.M. Mass at St. Pius V Chapel Next Sunday.
6. DURING LENT - Each Lenten Friday - Stations of the Cross and Benediction at 7:00 P.M.
7. Please pray for all the Sick and Shut-Ins of our Chapels, especially remembering Manny Gomez, and Miriam Roy. Please remember Mother Angelica. Let us never forget to pray for the Sick, the Needy, the Suffering and the Dying People of our World.
8. During Lent let us all pray especially for good and Holy Vocations to Christ the King Abbey and St. Joseph Monastery. The DIVINE PRAISES we recite after Mass are said for VOCATIONS. Incidentally - since the very beginning of our Traditional Chapels in Alabama (cf: Bulletin #1) The Leonine Prayers we recite after Mass are recited for the conversion of Russia.
9. MASSES FOR THE WEEK: (Father Abbot Leonard's Schedule Only)

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| SUNDAY: | For the People of the Chapels |
| MONDAY: | Special Intention of James Cover |
| TUESDAY: | Special Int. of Christine Cover |
| WEDNESDAY: | Special Intention of Vinita Kelley |
| THURSDAY: | Dec. Mary, Sharrow |
| FRIDAY: | For the Poor Souls |
| SATURDAY: | For "In the Spirit of Chartres March" (In Arizona) |

*It ill behooves us
to speak eloquently of the interior life,
if we fail to change our behavioral pattern!*

our hope and faith. Sad to say, however, there are amongst our remnant few, those whose aim seems to be CONFUSION AND DISTURBANCE AND UNREST - purveyors of perversion who have infiltrated the ranks of God's Holy People. They speak of "TRUTH" yet, the "TRUTH" they speak of causes unrest and anger and confusion, but how does that which is TRUTH cause anger and confusion? Such ones have spawned havoc in the sanctuary they call themselves to be the serious guardians of? Such ones are CRUSADORS OF CONFUSION! With questionable motive, they have sown the seeds of distrust in the minds of those who want only to pray and to love their God with fullness of heart, and fullness of mind and fullness of soul and fullness of being. Can CRUSADORS OF CONFUSION be looked upon as men of good will? Let us not ever forget that on that wondrous night - the holiest of all nights - peace was given - - BUT ONLY TO MEN OF GOOD WILL!

In our God-given insights let us be warned - let us look at the TRUTH of the "truth", even if it appears in the black print of books, or presented to us from the high pulpits of lofty quotations. Unfortunately the objection is often brought up - Who, then, are we to believe? How can we determine authenticity? Who do we trust? First of all, we must learn to give no time to the "SURE FIRE" quotations that flood our minds. Let us ever be mindful that the devil has made use of quotations (from SCRIPTURE) from the very beginning! and even to this day is THE expert in the use of the quotation method. Let us de-emphasize the automatic reliability of the word simply because it is printed. TODAY LET US PUT ASIDE THE RELIABILITY OF THE WORD THAT COMES TO US BY WAY OF THE INTERNET! We cannot allow ourselves to trust that which is so untrustworthy as today's internet. Untrustworthy mail -and there is plenty of that - should not be read and it should not be passed on to another. In pieces put it in the garbage.

TRUTH produces - it can only produce - PEACE OF MIND AND HEART, therefore, let us not give time to any word that disturbs our Peace. How, then, can we determine what is right and what is wrong? Men of Good Will will be given the help they need from God, Himself - but they must trust. Once upon a time God said to His Chosen People: "As I was with Moses so I will be with you. Be strong and of good courage; be not afraid, neither be you dismayed; for the Lord your God is with you whithersoever you go."

THEREFORE - - - -

Do not be afraid, OH MAN OF GOD, for God has placed His love on thee!

✠ CHRIST THE KING MONASTERY ✠

SUGGESTED READINGS FROM SCRIPTURE FOR EACH DAY OF LENT:
(Traditional Chapels in Alabama)

ASH WEDNESDAY:
 Joel: 2:12-19
 Matt: 6:16-21
 Thursday: Isiah: 38:1-6
 Friday: Isiah: 58:1-9
 Saturday: Isiah: 58:9-14

FIRST WEEK OF LENT: - - - -

Sunday: II Cor: 6:1-10
 Matt: 4:1-11
 Monday: Ezech: 34:11-16
 Tuesday: Isiah: 55:6-11
 Wednesday: Exod: 24:12-18
EMBER DAY: III Kings: 19:3-8
 Thursday: Ezech: 18:1-9
 Friday:
EMBER DAY: Ezech: 18:20-28
 Saturday: Duet: 26:12-19
EMBER DAY: Duet: 11:22-25
 II Mach: 1:23-27
 Ecclus: 36:1-10
 Dan: 3:47-56

SECOND WEEK OF LENT - - - -

Sunday: I Thess: 4:1-7
 Matt: 17:1-9
 Monday: Dan: 9:15-19
 Tuesday: III Kings: 17:8-16
 Wednesday: Esth: 13:8-11
 Thursday: Jer: 17:5-10
 Friday: Gen: 37:6-22
 Saturday: Gen: 27:6-40

THIRD WEEK OF LENT: - - - -

Sunday: Eph: 5:1-9
 Luke: 11:14-28
 Monday: IV Kings: 5:1-15
 Tuesday: IV Kings: 4:1-7
 Wednesday: Exod: 20:12-24
 Thursday: Jer: 7:1-7
 Friday: Num: 20:1-3;6-13
 Saturday: Dan: 13:1-62

FOURTH WEEK OF LENT: - - - -

Sunday: Gal: 4:22-31
LAETARE SUNDAY: John: 6:1-15
 Monday: III Kings: 3:16-28
 Tuesday: Exod: 32:7-14
 Wednesday: Ezech: 36:23-28
 Isiah: 1:16-19
 Thursday: IV Kings: 4:25-38
 Friday: III Kings: 17:17-24
 Saturday: Isiah: 49:8-15

FIFTH WEEK OF LENT: - - - -

Sunday: Heb: 9:11-15
PASSION SUNDAY: John: 8:46-59
Statues Covered in Purple
 Monday: Jon: 3:1-10
 John: 7:32-39
 Tuesday: Dan: 14:27-42
 John: 7:1-15
 Wednesday: Lev: 19:1-25
 John: 10:22-38
 Thursday: Dan: 3:25-45
 Luke: 7:36-50
 Friday: Jer: 17:13-18
 John: 11:47-54
 Saturday: Jer: 18:18-23
 John: 12:10-36

HOLY WEEK

PALM SUNDAY: Matt: 21:1-9
 Phil: 2:5-11

SACRED PASSION

Matt: 26:36-75
 27:1-66

Monday: Isiah: 50:5-10
 John: 12:1-9
 Tuesday: Jer: 11:18-20

SACRED PASSION

Mark: 14:32-72
 15:1-46

Wednesday: Isiah: 61:11
 63:1-7
 Isiah: 53:1-12

SACRED PASSION

Luke: 22:1-71
 23:1-53

HOLY THURSDAY:

I Cor: 11:20-32
 John: 13:1-15
GOOD FRIDAY: Osee: 6:1-6
 Exod: 12:1-11

SACRED PASSION

John: 18:1-40
 19:1-42

HOLY SATURDAY:

Gen: 1:1-31
 2:1-2
 Exod: 14:24-31
 15:1
 Isiah: 4:2-6
 Duet: 31:22-30
 Matt: 28:1-7

LENT

ALL OUR PRAYERS MUST BE ORIENTED AROUND THE CRUCIFIX BECAUSE THEIR VIRTUE COMES FROM THE SACRED PASSION, WHICH IS THE VERY FOUNDATION, THE SOURCE, THE ROOT OF OUR OWN PRIVATE PRAYERS AND THOSE OF THE WHOLE CHURCH.

(SPECIAL NOTE) All statements of observance and discipline which, from time to time, appear in the "Weekly Bulletin" of the Traditional Chapels in Alabama, have an official quality about them. They should not be viewed as private priestly opinions, nor should they be looked upon as resulting from any statement of preference of any individual or any group of individuals. Every statement concerning Catholic observance or Catholic discipline printed in the "Weekly Bulletin" is the result of research and careful study, and is as accurate a statement as can be made, so that the delicate norms of Holy Tradition can be preserved, and the confusing principles of modern theological teachings be rendered ineffective. **ACCURACY MUST ALWAYS BE THE UNDERLYING CHARACTERISTIC OF THE TRADITIONAL POSITION.** The promotion of personal likes or dislikes serves only the purpose of reducing, or completely destroying, credibility in official Traditional teaching. The "Weekly Bulletin" follows as safe a guide as is possible or available at the present time. Therefore, special care is taken not to impose rules which bind Catholics more seriously in disciplinary matters than those which the Church **HERSELF** imposes. **GOD GIVES THE ORDERS THAT PENANCE MUST BE DONE! The Church has the right and the authority to specify how and what.** We must not presume to make the laws more binding than what the Church does, and no individual has the right to oblige under serious sin when the Church does not. The Church has the right to change disciplinary laws She has made, **AS LONG AS THE CHANGE IS NOT AGAINST THE TEACHING AND THE WILL OF CHRIST.** **Former practices of penance are MOST meritorious and STRONGLY recommended, but they CANNOT BE IMPOSED UNDER PAIN OF SIN, if the Church says otherwise.** **EVERY individual is encouraged to follow the former discipline of Lent.** Therefore, baring excess and being guided by the norms of discretion and prudence we set forth the current Lenten Regulations.

FAST

In keeping with the obligation of doing special penance in reparation for our many sins, the Church obliges us to fast on certain days throughout the year. All persons over twenty-one and under fifty-nine years of age are bound by the Law of Fast - unless their health or the nature of their work prevents them. This means that on a fast day they may have only one principal, or full meal and two smaller meals. They may eat meat at the principal meal, except on days of complete abstinence. At the two smaller meals (which when taken together should not equal the principle meal in quantity) they may not have meat. Eating between meals is not permitted, but liquids, including milk and fruit juices, may be taken at any time of a fast day. In former times this law was binding under sin. **Even though the Church has relaxed this law, it is very strongly recommended, that the daily fast be carefully observed as in former times.** **THE COMPLETE DISREGARD OF THE PRINCIPLE OF FAST SIMPLY CANNOT BE WITHOUT SERIOUS SIN!!!**

ABSTINENCE

The customary discipline concerning **ABSTINENCE** is that **NO MEAT** be eaten on all Wednesdays and all Fridays of Lent. This was the **LAW**, and it was binding under sin. The Church has relaxed this law, and **SERIOUS OBLIGATION (SIN) NOW EXISTS ONLY ON ASH WEDNESDAY AND GOOD FRIDAY.** Fridays during Lent should be days of **SPECIAL EFFORT** with regards to penance and sacrifice. **IT IS VERY STRONGLY RECOMMENDED THAT THE PRACTICE OF ABSTINENCE BE CAREFULLY OBSERVED AS IN FORMER TIMES.** Such an observance means: **NO MEAT OR ANY DISH IN THE PREPARATION OF WHICH MEAT ENTERS.** It must be noted that under the present dispensation it cannot be properly said that a person commits serious sin when not observing the Regulations of Abstinence, but as above, **THE COMPLETE DISREGARD OF THE PRINCIPLE OF ABSTINENCE SIMPLY CANNOT BE WITHOUT SERIOUS SIN!!!**

EVERY TRADITIONALIST PRIEST, BROTHER, SISTER OR LAY-PERSON HAS THE VERY GRAVE OBLIGATION OF GIVING A GOOD EXAMPLE TO ALL THOSE CATHOLICS WHO HAVE DEVELOPED A COMPLETE DISREGARD FOR THE PRINCIPLES OF FAST AND ABSTINENCE.