

## Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman Alabama

Every Sunday

6:00 A.M. and 10:00 A.M.

6:00 A.M. Daily

Holy Days

6:00 A.M.; 8:00 A.M.; 7:00 P.M.

Our Lady of Lourdes Chapel

Montgomery Alabama

10:45 A.M.

Only on First Sunday  
of each month

St. Pius V Chapel

9:30 A.M.

Every Sunday except  
First Sunday of each month

QUINQUAGESIMA SUNDAY

February 25, 2001 - - - Purple

Mass of Sunday - Cr; Pref Trin.

Weekly Bulletin # 658



## ASH WEDNESDAY

REMEMBER, MAN, THAT THOU ART DUST, AND UNTO DUST THOU SHALL RETURN

THE ATMOSPHERE OF LENT SHOULD BE ONE OF PRAYER AND MORTIFICATION. ONE CANNOT BE MORTIFIED WITHOUT FEELING A BIT OF PAIN AND DISCOMFORT.

IT SIMPLY CANNOT BE SAID THAT ONE IS ABSTAINING WHEN ONE CONTINUES TO ENJOY THE TASTES OF MEAT OR WHATEVER.

ONE CANNOT FAST WITHOUT FEELING HUNGRY.

ONE CANNOT THINK HIMSELF OBEDIENT IF, AT THE SAME TIME HE INSISTS ON HIS OWN WAY.

ONE CANNOT BE CONSIDERED PATIENT WHILE SUCH A ONE STORMS IN AND OUT OF ORDINARY FAMILY AND DAILY HAPPENINGS.

ONE IS NOT PRAYERFUL IF SUCH A ONE DOES NOT PRAY.

DURING LENT WE SHOULD MAKE THE EFFORT - REAL EFFORT - TO COME TO A CLEAR UNDERSTANDING OF JUST WHAT THE SPIRITUAL LIFE REALLY MEANS. IT MUST REMAIN THE RESPONSIBILITY OF ALL LATIN RITE TRADITIONAL PULPITS TO TEACH THE PEOPLE THE BASIC ELEMENTS OF SPIRITUALITY - NOT TECHNICAL CATECHICAL INFORMATION. THE ONLY WORDS THAT SHOULD BE HEARD IN OUR TRADITIONAL PULPITS MUST BE CONCERNED WITH:

OUR HOLY FAITH - -

THE TRUE HOLY MASS - -

INTERIOR LIFE OF THE SOUL