

Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

Cullman Alabama

Every Sunday

6:00 A.M. and 10:00 A.M.

6:00 A.M. Daily

Holy Days

6:00 A.M.; 8:00 A.M.; 7:00 P.M.

Our Lady of Lourdes Chapel

Montgomery Alabama

10:45 A.M.

Only on First Sunday

of each month

St. Pius V Chapel

9:30 A.M.

Every Sunday except

First Sunday of each month

SEPTUAGESIMA SUNDAY

February 11, 2001 - - - Purple

Mass of Sunday - Cr; Com St. Greg II; Pref Trin.

Weekly Bulletin #656

SEPTUAGESIMA

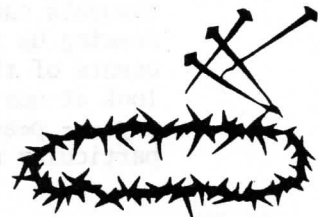
What

have I given

to my Lord ~

for all

He has given to me?!



1. The St. Blaise Blessing will be given at St. Pius V Chapel in Birmingham, today.
2. The usual Regulations for the Holy Season of Lent are attached to this Bulletin. Read over them carefully. Be mindful of the reality that a great number of Catholics nowadays give no thought - whatsoever - to the very holy Season of Lent, and precious little is said about Lent from their pulpits. It may even be said that there are those who are completely unfamiliar with the word "LENT" itself. Lent cannot be ordered - anymore - things being as they are in the conciliar church, but for a Catholic - any Catholic - to completely disregard the principle of Lent - though it is now only normative - such a one simply cannot be without serious sin. Every Traditional Roman Catholic Priest and Faithful Child of God has a very grave obligation of giving a good Example to all those Catholics who have developed a complete disregard for the principles of penance and mortification. ABOVE ALL THINGS DO NOT EAT MEAT ON FRIDAYS AND THE OTHER DAYS SUGGESTED, NO MATTER WHAT THE INCONVENIENCE. Catholics do not eat meat on Fridays, especially the Fridays during Lent, and it is love that prompts this bit of self-denial - not obligation!
3. Attached, also, to this Bulletin is the List of Suggested Readings for Lent. The best time for these readings is Supper time, and at the Supper table when all the Family is gathered to eat their evening meal.
4. During the Season of Lent (THE EASTER SEASON) is the time for serious consideration to be given to the Sacrament of Penance. Complete disregard for the Sacrament of Penance is also a matter of serious sin (situations of serious inconvenience excluded).
5. The Sundays during Lent do not count as Lenten in character. As on any of the other Sundays of the year, Sunday is a holy day of the Lord, it is a religious time, a moment set aside for rejoicing and giving God His due - Prayer, peace, serenity and joy. Regardless of modern day opinion, Sunday is the Lord's Day, shopping on Sunday is wrong! and demonstrates the disregard mentioned above.
6. MASSES FOR THE WEEK: - (Abbot Leonard's Intentions Only)

SUNDAY:	For the People of the Chapels
MONDAY:	Special Int. Rose Marie Dyer
TUESDAY:	Dec. Father Peter MacCarthy
WEDNESDAY:	Special Int. Danny Henderson
THURSDAY:	Special Int. Peggy Wink
FRIDAY:	For the Poor Souls
SATURDAY:	Welfare Eric Wangen

Christ has told us that "we ought always to pray and not to faint". This "always" does not mean one long series of uninterrupted acts repeated so rapidly and incessantly that we get a headache or almost gasp for breath. Some think that they are not progressing in prayer unless they are making extra novenas, heaping rosary upon rosary, litany upon litany, counting aspirations by the hundred, gauging their advancement by numbers more than by love and determination to avoid whatever displeases God and to do whatever pleases Him. The truly prayerful soul puts his hand in God's Hand and goes down the path of life trustfully and joyfully with Him, doing all for Him, with Him, and in Him. We cannot always be thinking of God nor speaking formally to Him, neither can we always be talking about God, but we can grow in awareness of His Presence and, because we love Him, our thoughts can and SHOULD revert instinctively to Him as to a Divine Magnet drawing us to Himself. We can learn to react prayerfully to the various events of the day as they unfold before us hour by hour. An aspiration, a look at our Blessed Lord, a word of love, and we can proceed calmly on our way - - peacefully doing the business at hand appointed to be done at that particular moment.

Motive, and motive alone, is what really matters!

LENT

ALL OUR PRAYERS MUST BE ORIENTED AROUND THE CRUCIFIX BECAUSE THEIR VIRTUE COMES FROM THE SACRED PASSION, WHICH IS THE VERY FOUNDATION, THE SOURCE, THE ROOT OF OUR OWN PRIVATE PRAYERS AND THOSE OF THE WHOLE CHURCH.

(SPECIAL NOTE) All statements of observance and discipline which, from time to time, appear in the "Weekly Bulletin" of the Traditional Chapels in Alabama, have an official quality about them. They should not be viewed as private priestly opinions, nor should they be looked upon as resulting from any statement of preference of any individual or any group of individuals. Every statement concerning Catholic observance or Catholic discipline printed in the "Weekly Bulletin" is the result of research and careful study, and is as accurate a statement as can be made, so that the delicate norms of Holy Tradition can be preserved, and the confusing principles of modern theological teachings be rendered ineffective. **ACCURACY MUST ALWAYS BE THE UNDERLYING CHARACTERISTIC OF THE TRADITIONAL POSITION.** The promotion of personal likes or dislikes serves only the purpose of reducing, or completely destroying, credibility in official Traditional teaching. The "Weekly Bulletin" follows as safe a guide as is possible or available at the present time. Therefore, special care is taken not to impose rules which bind Catholics more seriously in disciplinary matters than those which the Church **HERSELF** imposes. **GOD GIVES THE ORDERS THAT PENANCE MUST BE DONE! The Church has the right and the authority to specify how and what.** We must not presume to make the laws more binding than what the Church does, and no individual has the right to oblige under serious sin when the Church does not. The Church has the right to change disciplinary laws She has made, **AS LONG AS THE CHANGE IS NOT AGAINST THE TEACHING AND THE WILL OF CHRIST.** **Former practices of penance are MOST meritorious and STRONGLY recommended, but they CANNOT BE IMPOSED UNDER PAIN OF SIN, if the Church says otherwise.** **EVERY individual is encouraged to follow the former discipline of Lent.** Therefore, baring excess and being guided by the norms of discretion and prudence we set forth the current Lenten Regulations.

FAST

In keeping with the obligation of doing special penance in reparation for our many sins, the Church obliges us to fast on certain days throughout the year. All persons over twenty-one and under fifty-nine years of age are bound by the Law of Fast - unless their health or the nature of their work prevents them. This means that on a fast day they may have only one principal, or full meal and two smaller meals. They may eat meat at the principal meal, except on days of complete abstinence. At the two smaller meals (which when taken together should not equal the principle meal in quantity) they may not have meat. Eating between meals is not permitted, but liquids, including milk and fruit juices, may be taken at any time of a fast day. In former times this law was binding under sin. **Even though the Church has relaxed this law, it is very strongly recommended, that the daily fast be carefully observed as in former times.** **THE COMPLETE DISREGARD OF THE PRINCIPLE OF FAST SIMPLY CANNOT BE WITHOUT SERIOUS SIN!!!**

ABSTINENCE

The customary discipline concerning **ABSTINENCE** is that **NO MEAT** be eaten on all Wednesdays and all Fridays of Lent. This was the **LAW**, and it was binding under sin. The Church has relaxed this law, and **SERIOUS OBLIGATION (SIN) NOW EXISTS ONLY ON ASH WEDNESDAY AND GOOD FRIDAY.** Fridays during Lent should be days of **SPECIAL EFFORT** with regards to penance and sacrifice. **IT IS VERY STRONGLY RECOMMENDED THAT THE PRACTICE OF ABSTINENCE BE CAREFULLY OBSERVED AS IN FORMER TIMES.** Such an observance means: **NO MEAT OR ANY DISH IN THE PREPARATION OF WHICH MEAT ENTERS.** It must be noted that under the present dispensation it cannot be properly said that a person commits serious sin when not observing the Regulations of Abstinence, but as above, **THE COMPLETE DISREGARD OF THE PRINCIPLE OF ABSTINENCE SIMPLY CANNOT BE WITHOUT SERIOUS SIN!!!**

EVERY TRADITIONALIST PRIEST, BROTHER, SISTER OR LAY-PERSON HAS THE VERY GRAVE OBLIGATION OF GIVING A GOOD EXAMPLE TO ALL THOSE CATHOLICS WHO HAVE DEVELOPED A COMPLETE DISREGARD FOR THE PRINCIPLES OF FAST AND ABSTINENCE.

✠ CHRIST THE KING MONASTERY ✠

SUGGESTED READINGS FROM SCRIPTURE FOR EACH DAY OF LENT: (Traditional Chapels in Alabama)

ASH WEDNESDAY: Joel: 2:12-19
 Matt: 6:16-21
 Thursday: Isiah: 38:1-6
 Friday: Isiah: 58:1-9
 Saturday: Isiah: 58:9-14

FIRST WEEK OF LENT: - - - -

Sunday: II Cor: 6:1-10
 Matt: 4:1-11
 Monday: Ezech: 34:11-16
 Tuesday: Isiah: 55:6-11
 Wednesday: Exod: 24:12-18
EMBER DAY: III Kings: 19:3-8
 Thursday: Ezech: 18:1-9
 Friday:
EMBER DAY: Ezech: 18:20-28
 Saturday: Duet: 26:12-19
EMBER DAY: Duet: 11:22-25
 II Mach: 1:23-27
 Ecclus: 36:1-10
 Dan: 3:47-56

SECOND WEEK OF LENT - - - -

Sunday: I Thess: 4:1-7
 Matt: 17:1-9
 Monday: Dan: 9:15-19
 Tuesday: III Kings: 17:8-16
 Wednesday: Esth: 13:8-11
 :15-7
 Thursday: Jer: 17:5-10
 Friday: Gen: 37:6-22
 Saturday: Gen: 27:6-40

THIRD WEEK OF LENT: - - - -

Sunday: Eph: 5:1-9
 Luke: 11:14-28
 Monday: IV Kings: 5:1-15
 Tuesday: IV Kings: 4:1-7
 Wednesday: Exod: 20:12-24
 Thursday: Jer: 7:1-7
 Friday: Num: 20:1-3:6-13
 Saturday: Dan: 13:1-62

FOURTH WEEK OF LENT: - - - -

Sunday: Gal: 4:22-31
LAETARE SUNDAY: John: 6:1-15
 Monday: III Kings: 3:16-28
 Tuesday: Exod: 32:7-14
 Wednesday: Ezech: 36:23-28
 Isiah: 1:16-19
 Thursday: IV Kings: 4:25-38
 Friday: III Kings: 17:17-24
 Saturday: Isiah: 49:8-15

FIFTH WEEK OF LENT: - - - -

Sunday: Heb: 9:11-15
PASSION SUNDAY: John: 8:46-59
Statues Covered in Purple
 Monday: Jon: 3:1-10
 John: 7:32-39
 Tuesday: Dan: 14:27-42
 John: 7:1-15
 Wednesday: Lev: 19:1-25
 John: 10:22-38
 Thursday: Dan: 3:25-45
 Luke: 7:36-50
 Friday: Jer: 17:13-18
 John: 11:47-54
 Saturday: Jer: 18:18-23
 John: 12:10-36

HOLY WEEK

PALM SUNDAY: Matt: 21:1-9
 Phil: 2:5-11

SACRED PASSION

Matt: 26:36-75
 27:1-66

Monday: Isiah: 50:5-10
 John: 12:1-9
 Tuesday: Jer: 11:18-20

SACRED PASSION

Mark: 14:32-72
 15:1-46

Wednesday: Isiah: 61:11
 63:1-7
 Isiah: 53:1-12

SACRED PASSION

Luke: 22:1-71
 23:1-53

HOLY THURSDAY: I Cor: 11:20-32
 John: 13:1-15

GOOD FRIDAY: Osee: 6:1-6
 Exod: 12:1-11

SACRED PASSION

John: 18:1-40
 19:1-42

HOLY SATURDAY: Gen: 1:1-31
 2:1-2
 Exod: 14:24-31
 15:1
 Isiah: 4:2-6
 Duet: 31:22-30
 Matt: 28:1-7