

TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes
Roman Catholic Chapel
Montgomery, Alabama

St. Francis of Assisi
Roman Catholic Chapel
Cullman, Alabama

St. Pius V
Roman Catholic Chapel
Birmingham, Alabama

SCHEDULE OF MASSES

10:30 A.M. - Rosary
10:45 A.M. - Mass
(ONLY on First Sunday
of each month)

6:00 A.M. and 10:00 A.M.
Every Sunday

6:00 A.M. - 8:00 A.M. - 7:00 P.M.
Holy Days

9:10 A.M. - Rosary
9:30 A.M. - Mass
(EXCEPT on first
Sunday of each month)

THE TENTH SUNDAY AFTER PENTECOST

Weekly Bulletin # 521

August 9, 1998 - - - Green

Mass of Sunday - - Gl. Cr. Pref Trin.

ABOUT SELF - DENIAL

What is self-denial?

Self-denial is nothing more than the moral force and strength we must apply in order to live according to reason, conscience and faith; the power we need in order to fulfill our duty and to be in fact what we ought and desire to be - reasonable and noble-minded people. That such force should be necessary is a consequence of Adam's fall. That such a force should be necessary should be a constant reminder that we are the children of original sin, that we still bear the traces of that sin, and that original sin continues to influence our every action. Once, all was easy and delightful, and our every action was easily directed towards our God and Creator. The difference between good and evil was of no real consequence to us since all we knew was good. When we came to realize the difference between good and evil, when we came to know good and evil, then the situation changed, and all that once was easy and delightful was no more. What was once peaceful within us, now discovered war within us. What once needed no controlling, now needed to be controlled, and a force of will and strength became necessary.

This force which we must exert gives various names to the same thing: self-discipline self-mastery, self-denial, mortification, self-hatred. These all mean the same thing, and all fitly express, according to the teaching of Holy Scripture, the toil and effort that self-denial costs us. They awaken the thought of conflict, of withdrawal and refusal - - a thought our nature inevitably shrinks from. We shrink from the thought of putting a bridle on our desires, we shrink from the thought that we are not master or our own inclinations. We argue that since we were made the way we are, that is the way we wish to remain. We flee from the thought of change; we flee from the thought of having to correct; we flee from the thought of discipline.

The difficulty arises not from the thing itself, which we cannot but desire and value, but from ourselves, from our nature, now weak and troublesome, and which must be made better.

1. Saturday, August 15, 1998 is the Feast of the Assumption of Our Blessed Mother, and is a HOLY DAY OF OBLIGATION. Masses in the Abbey Church are at:

6:00 A.M. - - 8:00 A.M. - - 7:00 P.M.

Even though this be the day before Sunday, the OBLIGATION still remains that Mass is to be attended on BOTH days.

2. Please pray for all the Sick and Shut-Ins of our Chapels, especially remembering Al Sachs.
3. Confessions are heard before masses on Sunday.
4. MASSES FOR THE WEEK: (Abbot Leonard's Schedule Only)
 - SUNDAY: For the People of the Chapels
 - MONDAY: Special Int. of the Donor
 - TUESDAY: Dec. Father Bernard Patterson, O.S.B. IV
 - WEDNESDAY: Dec. Father Leo Carter, O.S.B. II
 - THURSDAY: Dec. Edward Birringer
 - FRIDAY: For the Poor Souls
 - ****SATURDAY**** For the Welfare of Our Religious Communities (Assumption)