

TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes
Roman Catholic Chapel
Montgomery, Alabama

St. Francis of Assisi
Roman Catholic Chapel
Cullman, Alabama

St. Pius V
Roman Catholic Chapel
Birmingham, Alabama

SCHEDULE OF MASSES

10:30 A.M. - Rosary
10:45 A.M. - Mass
(ONLY on First Sunday
of each month)

6:00 A.M.
10:00 A.M.
Every Sunday
6:00 A.M.
7:00 P.M.
Holy Days

9:10 A.M. - Rosary
9:30 A.M. - Mass
(EXCEPT on first
Sunday of each month)

SEPTUAGESIMA SUNDAY

Weekly Bulletin # 495

February 8, 1998 - - Purple

Mass of Sunday, Or. or Sun. Cr. Pref Trin.

SEPTUAGESIMA

The Season of Septuagesima comprises the three weeks immediately preceding Lent. It forms one of the principal divisions of the Liturgical Year, and is itself divided into three parts, each part corresponding to a week: the first is called Septuagesima; the second, Sexagesima; the third, Quinquagesima.

All three are named from their numerical reference to LENT, which, in the language of the Church, is called QUADRAGESIMA, that is, Forty, because the great feast of Easter is prepared for by the holy exercises of forty days. The words, Quinquagesima, Sexagesima and Septuagesima, tell us of the same great solemnity as looming in the distance, and as being the great object towards which the Church would have us now begin to turn ALL our thoughts, desires, and devotion: OUR SANCTIFICATION!

Now, the feast of Easter must be prepared for by forty days of recollectedness and PENANCE. These forty days are one of the principal seasons of the entire Liturgical Year, and one of the most powerful means employed by the Church for exciting in the hearts of her children the spirit of their Christian VOCATION! It is of the utmost importance that such a season of grace should produce its work in our souls - - the renovation of the WHOLE SPIRITUAL LIFE (NOT QUITE THE SAME APPROACH THAT RENEW 2000 IS TAKING-? THAT THERE WILL BE A MOMENT when God will come down and straighten everything out for His poor children - - His loving children. They say- FEAR NOT all will go well)

The Church, therefore, has instituted a preparation for the holy time of Lent - a time in which we condition ourselves for the WORK WE must perform, IF WE INTEND TO SAVE OUR SOULS! We have to do the work - NOT God. He will, indeed, help us, but the labor remains for us to perform. This approach is quite foreign to the present day practices of modernist catholicism. Catholicism as practiced through the First two Milleniums always preached penance, reparation, mortification, compunction, piety, reverence and such like (NOT the party time atmosphere demonstrated as proper for the beginning of the Third Millenium religious practice). So to help us, the Church gave us the three weeks of Septuagesima, during which she withdraws us, as much as may be, from the noisy distraction of a world that is completely hedonistic. In order that our hearts may be more readily impressed by the solemn warning, she gives us at the beginning of Lent, a startling jolt and signs us with ASHES, and she utters words that are intended to strike terror in our hearts and minds: REMEMBER, MAN, THAT THOU ART DUST, AND UNTO DUST THOU SHALT RETURN!! What could be more sobering? What could be more frightening? In ALL past ages, the Church has told it like it is! The Church has never - but never - beat around the bush with honey flowing descriptions of what Man's purpose is on earth!!! How different are the sounds that come from a church which the "new age" has so thoroughly deflowered!

We must, therefore, pray for the grace of bravery in order to face the realities placed before us by the REAL AND TRUE CHURCH - our real and true Mother. We are sojourners upon this earth; we are exiles and captives in Babylon, that city which plots our ruin. It is not intended for us to continue to live in our present place of residence. This is NOT our homeland, and our continuous effort must be to work to return to our own LAND, and to flee this place of torment. If we truly love our Homeland, if we long to return to it, we must be proof against the lying allurements of this strange land, always to refuse the cup of sweetness this place offers us. We must pray to be strong enough to turn away from the maddening tune: "If you like it - DO IT!!" In genuine honesty, must we not ask: has not the delicious sound of this tune - in one way or other - entered the Sanctuary of the Heart of Man - resident in the THIRD MILLENIUM!!!!?

1. Tuesday, February 10, 1998 is the Feast of St. Scholastica. For us this is a day of large proportions, since St. Scholastica was the sister of St. Benedict. St. Benedict found an order for men, while St. Scholastica found an order for women. We should pray to St. Scholastica for help in the establishment of our own Benedictine Convent.
2. Today is Septuagesima Sunday. This is a very important day. Let us all turn, once again, to the writing on the opposite side of this page, and carefully meditate on the contents found there.
3. The St. Blaise Blessing is given at all Masses today.
4. Confessions are heard before masses on Sunday. Especially during this part of the year, let us be mindful of the spiritual necessity of confessing our sins often, and the spiritual nourishment we receive from the Sacrament of Penance.
5. Please pray for all the Sick and Shut-Ins of our Chapels, especially remembering Al Sachs, and Ethel Wallace.
6. MASSES FOR THE WEEK:

SUNDAY:	For the PEOPLE OF THE Chapels
MONDAY:	Dec. Mrs. Wun Sun Wong
TUESDAY:	Special Int. Stephen Fillip
WEDNESDAY:	Dec. Carmella Messina
THURSDAY:	Special Int. Lois Nichols
FRIDAY:	Thksg. In Honor Guardian Angels
SATURDAY:	For the Poor Souls

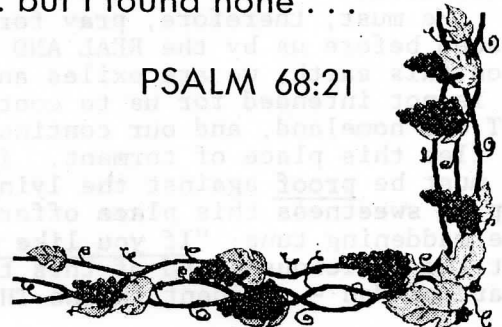
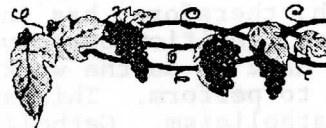


God's Minute

I have only just a minute,
 Only sixty seconds in it,
 Forced upon me, cant refuse it,
 Didn't seek it, didn't choose it,
 But it's up to me to use it,
 I must suffer if I lose it,
 Give account if I abuse it,
 Just a tiny little minute—
 But Eternity is in it.

"I looked for one that would
 grieve together with Me,
 but there was none...and
 for one that would comfort
 me... but I found none...

PSALM 68:21



✠ CHRIST THE KING MONASTERY ✠

SUGGESTED READINGS FROM SCRIPTURE FOR EACH DAY OF LENT: (Traditional Chapels in Alabama)

ASH WEDNESDAY:
 Joel: 2:12-19
 Matt: 6:16-21
 Thursday: Isiah: 38:1-6
 Friday: Isiah: 58:1-9
 Saturday: Isiah: 58:9-14

FIRST WEEK OF LENT: - - - -
 Sunday: II Cor: 6:1-10
 Matt: 4:1-11
 Monday: Ezech: 34:11-16
 Tuesday: Isiah: 55:6-11
 Wednesday: Exod: 24:12-18
EMBER DAY: III Kings: 19:3-8
 Thursday: Ezech: 18:1-9
 Friday:
EMBER DAY: Ezech: 18:20-28
 Saturday: Duet: 26:12-19
EMBER DAY: Duet: 11:22-25
 II Mach: 1:23-27
 Ecclus: 36:1-10
 Dan: 3:47-56

SECOND WEEK OF LENT - - - -
 Sunday: I Thess: 4:1-7
 Matt: 17:1-9
 Monday: Dan: 9:15-19
 Tuesday: III Kings: 17:8-16
 Wednesday: Esth: 13:8-11
 Thursday: Jer: 17:5-10
 Friday: Gen: 37:6-22
 Saturday: Gen: 27:6-40

THIRD WEEK OF LENT: - - - -
 Sunday: Eph: 5:1-9
 Luke: 11:14-28
 Monday: IV Kings: 5:1-15
 Tuesday: IV Kings: 4:1-7
 Wednesday: Exod: 20:12-24
 Thursday: Jer: 7:1-7
 Friday: Num: 20:1-3:6-13
 Saturday: Dan: 13:1-62

FOURTH WEEK OF LENT: - - - -
 Sunday: Gal: 4:22-31
LAETARE SUNDAY: John: 6:1-15
 Monday: III Kings: 3:16-28
 Tuesday: Exod: 32:7-14
 Wednesday: Ezech: 36:23-28
 Isiah: 1:16-19
 Thursday: IV Kings: 4:25-38
 Friday: III Kings: 17:17-24
 Saturday: Isiah: 49:8-15

FIFTH WEEK OF LENT: - - - -
 Sunday: Heb: 9:11-15
PASSION SUNDAY: John: 8:46-59
Statues Covered in Purple
 Monday: Jon: 3:1-10
 John: 7:32-39
 Tuesday: Dan: 14:27-42
 John: 7:1-15
 Wednesday: Lev: 19:1-25
 John: 10:22-38
 Thursday: Dan: 3:25-45
 Luke: 7:36-50
 Friday: Jer: 17:13-18
 John: 11:47-54
 Saturday: Jer: 18:18-23
 John: 12:10-36

HOLY WEEK

PALM SUNDAY: Matt: 21:1-9
 Phil: 2:5-11

SACRED PASSION

Matt: 26:36-75
 27:1-66
 Monday: Isiah: 50:5-10
 John: 12:1-9
 Tuesday: Jer: 11:18-20

SACRED PASSION

Mark: 14:32-72
 15:1-46
 Wednesday: Isiah: 61:1
 63:1-7
 Isiah: 53:1-12

SACRED PASSION

Luke: 22:1-71
 23:1-53
HOLY THURSDAY: I Cor: 11:20-32
 John: 13:1-15
GOOD FRIDAY: Osee: 6:1-6
 Exod: 12:1-11

SACRED PASSION

John: 18:1-40
 19:1-42
HOLY SATURDAY: Gen: 1:1-31
 2:1-2
 Exod: 14:24-31
 15:1
 Isiah: 4:2-6
 Duet: 31:22-30
 Matt: 28:1-7

LENT

ALL OUR PRAYERS MUST BE ORIENTED AROUND THE CRUCIFIX BECAUSE THEIR VIRTUE COMES FROM THE SACRED PASSION, WHICH IS THE VERY FOUNDATION, THE SOURCE, THE ROOT OF OUR OWN PRIVATE PRAYERS AND THOSE OF THE WHOLE CHURCH.

(SPECIAL NOTE) All statements of observance and discipline which, from time to time, appear in the "Weekly Bulletin" of the Traditional Chapels in Alabama, have an official quality about them. They should not be viewed as private priestly opinions, nor should they be looked upon as resulting from any statement of preference of any individual or any group of individuals. Every statement concerning Catholic observance or Catholic discipline printed in the "Weekly Bulletin" is the result of research and careful study, and is as accurate a statement as can be made, so that the delicate norms of Holy Tradition can be preserved, and the confusing principles of modern theological teachings be rendered ineffective. **ACCURACY MUST ALWAYS BE THE UNDERLYING CHARACTERISTIC OF THE TRADITIONAL POSITION.** The promotion of personal likes or dislikes serves only the purpose of reducing, or completely destroying, credibility in official Traditional teaching. The "Weekly Bulletin" follows as safe a guide as is possible or available at the present time. Therefore, special care is taken not to impose rules which bind Catholics more seriously in disciplinary matters than those which the Church **HERSELF** imposes. **GOD GIVES THE ORDERS THAT PENANCE MUST BE DONE!** **The Church has the right and the authority to specify how and what.** We must not presume to make the laws more binding than what the Church does, and no individual has the right to oblige under serious sin when the Church does not. The Church has the right to change disciplinary laws She has made, **AS LONG AS THE CHANGE IS NOT AGAINST THE TEACHING AND THE WILL OF CHRIST.** **Former practices of penance are MOST meritorious and STRONGLY recommended, but they CANNOT BE IMPOSED UNDER PAIN OF SIN, if the Church says otherwise.** **EVERY individual is encouraged to follow the former discipline of Lent.** Therefore, baring excess and being guided by the norms of discretion and prudence we set forth the current Lenten Regulations.

FAST

In keeping with the obligation of doing special penance in reparation for our many sins, the Church obliges us to fast on certain days throughout the year. All persons over twenty-one and under fifty-nine years of age are bound by the Law of Fast - unless their health or the nature of their work prevents them. This means that on a fast day they may have only one principal, or full meal and two smaller meals. They may eat meat at the principal meal, except on days of complete abstinence. At the two smaller meals (which when taken together should not equal the principle meal in quantity) they may not have meat. Eating between meals is not permitted, but liquids, including milk and fruit juices, may be taken at any time of a fast day. In former times this law was binding under sin. **Even though the Church has relaxed this law, it is very strongly recommended, that the daily fast be carefully observed as in former times.** **THE COMPLETE DISREGARD OF THE PRINCIPLE OF FAST SIMPLY CANNOT BE WITHOUT SERIOUS SIN!!!**

ABSTINENCE

The customary discipline concerning **ABSTINENCE** is that **NO MEAT** be eaten on all Wednesdays and all Fridays of Lent. This was the **LAW**, and it was binding under sin. The Church has relaxed this law, and **SERIOUS OBLIGATION (SIN) NOW EXISTS ONLY ON ASH WEDNESDAY AND GOOD FRIDAY.** Fridays during Lent should be days of **SPECIAL EFFORT** with regards to penance and sacrifice. **IT IS VERY STRONGLY RECOMMENDED THAT THE PRACTICE OF ABSTINENCE BE CAREFULLY OBSERVED AS IN FORMER TIMES.** Such an observance means: **NO MEAT OR ANY DISH IN THE PREPARATION OF WHICH MEAT ENTERS.** It must be noted that under the present dispensation it cannot be properly said that a person commits serious sin when not observing the Regulations of Abstinence, but as above, **THE COMPLETE DISREGARD OF THE PRINCIPLE OF ABSTINENCE SIMPLY CANNOT BE WITHOUT SERIOUS SIN!!!**

EVERY TRADITIONALIST PRIEST, BROTHER, SISTER OR LAY-PERSON HAS THE VERY GRAVE OBLIGATION OF GIVING A GOOD EXAMPLE TO ALL THOSE CATHOLICS WHO HAVE DEVELOPED A COMPLETE DISREGARD FOR THE PRINCIPLES OF FAST AND ABSTINENCE.