

TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes Roman Catholic Chapel Montgomery, Alabama	St. Francis of Assisi Roman Catholic Chapel Cullman, Alabama	St. Pius V Roman Catholic Chapel Birmingham, Alabama
SCHEDULE OF MASSES		
10:30 A.M. - Rosary 10:45 A.M. - Mass (ONLY on First Sunday of each month)	6:00 A.M. 10:00 A.M. Every Sunday 6:00 A.M. 7:00 P.M. Holy Days	9:10 A.M. - Rosary 9:30 A.M. - Mass (EXCEPT on first Sunday of each month)

QUINQUAGESIMA SUNDAY

Weekly Bulletin # 442

February 9, 1997 - - - Violet

Mass: Quinquagesima Sunday; No Gl; Or. (1) Sun, (2) St. Cyril (3) A Domo;
 Cr; Pref. Trin.

LENT



REMEMBER, MAN, THAT THOU ART DUST, AND UNTO DUST THOU SHALL RETURN

ASH WEDNESDAY

THE ATMOSPHERE OF LENT IS ONE OF PRAYER AND MORTIFICATION. One cannot be mortified without feeling a BIT OF PAIN AND DISCOMFORT. It simply cannot be said that one is abstaining when one continues to enjoy the taste of meat or whatever; one cannot fast without feeling hunger; one is not being obedient if, at the same time he continues to insist on his own way; one is not considered patient while such a one storms in and out of ordinary family and daily happenings; one is not prayerful if such a one does not pray.

During Lent we should make the effort - REAL EFFORT - to come to a better understanding of just what the SPIRITUAL LIFE REALLY MEANS. It must remain the responsibility of all Latin Rite Catholic Pulpits to teach the people the basic elements of SPIRITUALITY - NOT TECHNICAL CATECHICAL INFORMATION. Priests worthy of the name must teach the people HOW TO PRAY - - NOT SO MUCH - - WHY THEY SHOULD PRAY!!!!

1. The St. Blaise Blessing will be administered at all masses today.
2. Tomorrow, February 10, 1997 is the Feast of St. Scholastica, who was the twin sister of St. Benedict. She is, of course, the Foundress of Benedictine Nuns. Therefore, she is the Special Protectress of our St. Joseph's Monastery. Please pray to St. Scholastica for the welfare of our nuns. St. Scholastica is also one to pray to against the fury of bad weather.
3. WEDNESDAY OF THIS WEEK IS ASH WEDNESDAY. Masses in the Abbey Church are at 6:00 A.M. - - 8:00 A.M. - - and 7:00 P.M. Ashes will be blessed at the 6:00 A.M. Mass and will be distributed at all masses.

As is customary, we will bless small packets of ashes. These ashes might be kept in the house as a Sacramental, or they might be scattered about the grounds outside the house, also as a Sacramental. They might be scattered in your flower beds or your gardens. There are plenty of packets - take more than one.

Definition: Sacramentals are holy things of which the Church makes use to obtain for us from God, through her intercession, spiritual and temporal favors. Sacramentals obtain favors from God through the prayers of the Church offered for those who make use of them and through the devotion they inspire. Sacramentals do not have power in themselves, but in the Faith of the people who use them.

4. Stations of the Cross and Benediction of the Most Blessed Sacrament every Friday during Lent at 7:00 P.M. Those who can, should make every effort to attend these services.
5. Please pray for all the Sick and Shut-Ins of our Chapels, especially remembering Al Sachs.
6. ASH WEDNESDAY is a DAY OF SOLEMN FAST AND COMPLETE ABSTINENCE. Unless the reason be serious and grave, no one is excused from these serious directives. Ash Wednesday is not a Holy Day of Obligation, but everyone WHO CAN is urged to attend Mass on that very Solemn Day. If Mass attendance is impossible, then at least one hour of special prayer - over and above the usual - is strongly recommended.
7. During the Holy Season of Lent, we should pray MORE INTENTLY for VOCATIONS to the Holy Priesthood and to the Holy Religious Life. We should pray for vocations to our own monasteries. We should pray for men and women, whose holiness of life will be a help to the cause of Christ's Kingdom on Earth. We need HOLY PRIESTS. We need no more theological technicians who have come to be considered as proper priests. Oftentimes, the technician knows the answer, but lacks the faith sufficient to make the answer efficacious to the one in need of the answer.
8. During the Holy Season of Lent, please pray more intently for:
 - (1) Unity of Purpose; (2) Unity of Understanding; (3) Unity of Intention; (4) Unity in CHARITY for those of us all whose main and central purpose is declared to be the PRESERVATION OF THE TRUE AND HOLY SACRIFICE OF THE MASS. If, then, the Mass is the central interest, let us pray that God will give all Traditional Roman Catholic Priests and People the singular grace to put aside any and every cause that has been focused upon as important, but that has resulted in the disunity rather than the unity of purpose the original reason for existing would bring about. UNITY OF PURPOSE - - UNITY OF PURPOSE - - UNITY OF PURPOSE

9. MASSES FOR THE WEEK: (Abbot Leonard's Schedule Only)

SUNDAY:	For the People of the Chapels
MONDAY:	Welfare St. Joseph Monastery (St. Scholastica)
TUESDAY:	Dec. Kinda Birringer
<u>ASH WEDNESDAY:</u>	Welfare Members of Christ the King Abbey and St. Joseph Convent
THURSDAY:	Dec. Mary Jurasits
FRIDAY:	Welfare Paul Zaffaroni
SATURDAY:	Dec. Robert Petzinger

LENT

ALL OUR PRAYERS MUST BE ORIENTED AROUND THE CRUCIFIX BECAUSE THEIR VIRTUE COMES FROM THE SACRED PASSION, WHICH IS THE VERY FOUNDATION, THE SOURCE, THE ROOT OF OUR OWN PRIVATE PRAYERS AND THOSE OF THE WHOLE CHURCH.

(SPECIAL NOTE) All statements of observance and discipline which, from time to time, appear in the "Weekly Bulletin" of the Traditional Chapels in Alabama, have an official quality about them. They should not be viewed as private priestly opinions, nor should they be looked upon as resulting from any statement of preference of any individual or any group of individuals. Every statement concerning Catholic observance or Catholic discipline printed in the "Weekly Bulletin" is the result of research and careful study, and is as accurate a statement as can be made, so that the delicate norms of Holy Tradition can be preserved, and the confusing principles of modern theological teachings be rendered ineffective. **ACCURACY MUST ALWAYS BE THE UNDERLYING CHARACTERISTIC OF THE TRADITIONAL POSITION.** The promotion of personal likes or dislikes serves only the purpose of reducing, or completely destroying, credibility in official Traditional teaching. The "Weekly Bulletin" follows as safe a guide as is possible or available at the present time. Therefore, special care is taken not to impose rules which bind Catholics more seriously in disciplinary matters than those which the Church **HERSELF** imposes. **GOD GIVES THE ORDERS THAT PENANCE MUST BE DONE! The Church has the right and the authority to specify how and what.** We must not presume to make the laws more binding than what the Church does, and no individual has the right to oblige under serious sin when the Church does not. The Church has the right to change disciplinary laws She has made, **AS LONG AS THE CHANGE IS NOT AGAINST THE TEACHING AND THE WILL OF CHRIST.** **Former practices of penance are MOST meritorious and STRONGLY recommended, but they CANNOT BE IMPOSED UNDER PAIN OF SIN, if the Church says otherwise.** **EVERY individual is encouraged to follow the former discipline of Lent.** Therefore, barring excess and being guided by the norms of discretion and prudence we set forth the current Lenten Regulations.

FAST

In keeping with the obligation of doing special penance in reparation for our many sins, the Church obliges us to fast on certain days throughout the year. All persons over twenty-one and under fifty-nine years of age are bound by the Law of Fast - unless their health or the nature of their work prevents them. This means that on a fast day they may have only one principal, or full meal and two smaller meals. They may eat meat at the principal meal, except on days of complete abstinence. At the two smaller meals (which when taken together should not equal the principle meal in quantity) they may not have meat. Eating between meals is not permitted, but liquids, including milk and fruit juices, may be taken at any time of a fast day. In former times this law was binding under sin. **Even though the Church has relaxed this law, it is very strongly recommended, that the daily fast be carefully observed as in former times.** **THE COMPLETE DISREGARD OF THE PRINCIPLE OF FAST SIMPLY CANNOT BE WITHOUT SERIOUS SIN!!!**

ABSTINENCE

The customary discipline concerning **ABSTINENCE** is that **NO MEAT** be eaten on all Wednesdays and all Fridays of Lent. This was the **LAW**, and it was binding under sin. The Church has relaxed this law, and **SERIOUS OBLIGATION (SIN) NOW EXISTS ONLY ON ASH WEDNESDAY AND GOOD FRIDAY.** Fridays during Lent should be days of **SPECIAL EFFORT** with regards to penance and sacrifice. **IT IS VERY STRONGLY RECOMMENDED THAT THE PRACTICE OF ABSTINENCE BE CAREFULLY OBSERVED AS IN FORMER TIMES.** Such an observance means: **NO MEAT OR ANY DISH IN THE PREPARATION OF WHICH MEAT ENTERS.** It must be noted that under the present dispensation it cannot be properly said that a person commits serious sin when not observing the Regulations of Abstinence, but as above, **THE COMPLETE DISREGARD OF THE PRINCIPLE OF ABSTINENCE SIMPLY CANNOT BE WITHOUT SERIOUS SIN!!!**

EVERY TRADITIONALIST PRIEST, BROTHER, SISTER OR LAY-PERSON HAS THE VERY GRAVE OBLIGATION OF GIVING A GOOD EXAMPLE TO ALL THOSE CATHOLICS WHO HAVE DEVELOPED A COMPLETE DISREGARD FOR THE PRINCIPLES OF FAST AND ABSTINENCE.

✠ CHRIST THE KING MONASTERY ✠

SUGGESTED READINGS FROM SCRIPTURE FOR EACH DAY OF LENT:

(Traditional Chapels in Alabama)

ASH WEDNESDAY: Joel: 2:12-19
 Matt: 6:16-21
 Thursday: Isiah: 38:1-6
 Friday: Isiah: 58:1-9
 Saturday: Isiah: 58:9-14

FIRST WEEK OF LENT: - - - -
 Sunday: II Cor: 6:1-10
 Matt: 4:1-11
 Monday: Ezech: 34:11-16
 Tuesday: Isiah: 55:6-11
 Wednesday: Exod: 24:12-18
EMBER DAY: III Kings: 19:3-8
 Thursday: Ezech: 18:1-9
EMBER DAY: Ezech: 18:20-28
 Saturday: Duet: 26:12-19
EMBER DAY: Duet: 11:22-25
 II Mach: 1:23-27
 Ecclus: 36:1-10
 Dan: 3:47-56

SECOND WEEK OF LENT - - - -
 Sunday: I Thess: 4:1-7
 Matt: 17:1-9
 Monday: Dan: 9:15-19
 Tuesday: III Kings: 17:8-16
 Wednesday: Esth: 13:8-11
 :15-7
 Thursday: Jer: 17:5-10
 Friday: Gen: 37:6-22
 Saturday: Gen: 27:6-40

THIRD WEEK OF LENT: - - - -
 Sunday: Eph: 5:1-9
 Luke: 11:14-28
 Monday: IV Kings: 5:1-15
 Tuesday: IV Kings: 4:1-7
 Wednesday: Exod: 20:12-24
 Thursday: Jer: 7:1-7
 Friday: Num: 20:1-3:6-13
 Saturday: Dan: 13:1-62

FOURTH WEEK OF LENT: - - - -
 Sunday: Gal: 4:22-31
LAETARE SUNDAY: John: 6:1-15
 Monday: III Kings: 3:16-28
 Tuesday: Exod: 32:7-14
 Wednesday: Ezech: 36:23-28
 Isiah: 1:16-19
 Thursday: IV Kings: 4:25-38
 Friday: III Kings: 17:17-24
 Saturday: Isiah: 49:8-15

FIFTH WEEK OF LENT: - - - -
 Sunday: Heb: 9:11-15
PASSION SUNDAY: John: 8:46-59
Statues Covered in Purple
 Monday: Jon: 3:1-10
 John: 7:32-39
 Tuesday: Dan: 14:27-42
 John: 7:1-15
 Wednesday: Lev: 19:1-25
 John: 10:22-38
 Thursday: Dan: 3:25-45
 Luke: 7:36-50
 Friday: Jer: 17:13-18
 John: 11:47-54
 Saturday: Jer: 18:18-23
 John: 12:10-36

HOLY WEEK

PALM SUNDAY: Matt: 21:1-9
 Phil: 2:5-11

SACRED PASSION

Matt: 26:36-75
 27:1-66

Monday: Isiah: 50:5-10
 John: 12:1-9
 Tuesday: Jer: 11:18-20

SACRED PASSION

Mark: 14:32-72
 15:1-46

Wednesday: Isiah: 61:11
 63:1-7
 Isiah: 53:1-12

SACRED PASSION

Luke: 22:1-71
 23:1-53

HOLY THURSDAY: I Cor: 11:20-32
 John: 13:1-15
GOOD FRIDAY: Osee: 6:1-6
 Exod: 12:1-11

SACRED PASSION

John: 18:1-40
 19:1-42

HOLY SATURDAY: Gen: 1:1-31
 2:1-2
 Exod: 14:24-31
 15:1
 Isiah: 4:2-6
 Duet: 31:22-30
 Matt: 28:1-7