

TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes Roman Catholic Chapel Montgomery, Alabama	St. Francis of Assisi Roman Catholic Chapel Cullman, Alabama	St. Pius V Roman Catholic Chapel Birmingham, Alabama
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S C H E D U L E O F M A S S E S

10:30 A.M. - Rosary 10:45 A.M. - Mass (ONLY on First Sunday of each month)	6:00 A.M. 10:00 A.M. Every Sunday 6:00 A.M. 7:00 P.M. Holy Days	9:10 A.M. - Rosary 9:30 A.M. - Mass (EXCEPT on first Sunday of each month)
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SEXAGESIMA SUNDAY

Weekly Bulletin # 441

February 2, 1997 - - - Violet

Mass: Sexagesima Sunday; No Gl. Or. (1) Sun, (2) A Cunctis, (3) Living and Dead, (4) A Domo; Cr. Pres. Trin.

SEPTUAGESIMA

The spiritual life is not a matter of killing but of bringing to birth. You may deny the will and the heart, but you may not crush the will and the heart. Penance is giving up one form of activity in order to allow greater play to another form of activity. The will is not primarily an agent of rebellion, the heart is not primarily a source of temptation. Once it is understood that these powers are created essentially God-centered the question is not so much how to curb their activity as how to channel it - - how to develop and direct their appetite towards God.

If in the beginning of his conversion a man's penitence drives him to muffle his will, empty his heart, close his eyes and seal his lips, this must be no more than a temporary discipline. It is important to note that the discipline is temporary. Such a discipline denotes reparation, it administers correction, it gives the man time to gain control. In order to straighten a warped stick you bend it back the other way: you exaggerate the adjustment. Once the stick is found to be straight, you do not go on bending it. Without a proper understanding of what Lent is all about, the mechanics of it will be no more than a waste of time and useless mortification.

1. Tomorrow, January 3, 1997 is the Feast of the Purification BVM - - (transferred). It is also the Feast of St. Blaise. The St. Blaise Blessing of Throats will be administered at Our Lady of Lourdes Chapel in Montgomery - today. It will be administered at the other Chapels next Sunday.
2. Next Friday, February 7, 1997 is the First Friday of February.
3. Please pray for all the Sick and Shut-Ins of our Chapels, especially remembering Al Sachs.
4. Confessions are heard before Masses on Sunday.
5. Stations of the Cross and Benediction of the Most Blessed Sacrament every Friday during during Lent at 7:00 P.M. There will be No 7:00 PM Stations on Good Friday evening. Those who can should make every effort to attend the Stations of the Cross.
6. From time to time it is good to be reminded that the Holy Tridentine Sacrifice of the Mass is offered at -3- locations in Alabama. These Masses are offered: in Cullman, St. Francis Chapel; in Birmingham, St. Pius V Chapel; in Montgomery, Our Lady of Lourdes Chapel. Please note that these are chapels, they are not parishes. Please note also that the Masses said in these chapels are not the so-called Indult Masses. These Alabama Chapels are serviced by the Benedictine Fathers of Christ the King Abbey in Cullman Alabama.