

**TRADITIONAL CHAPELS IN ALABAMA**

Our Lady of Lourdes  
Roman Catholic Chapel  
Montgomery, Alabama

St. Francis of Assisi  
Roman Catholic Chapel  
Cullman, Alabama

St. Pius V  
Roman Catholic Chapel  
Birmingham, Alabama

S C H E D U L E                      O F                      M A S S E S

10:30 A.M. - Rosary  
10:45 A.M. - Mass  
(ONLY on First Sunday  
of each month)

6:00 A.M.  
10:00 A.M.  
Every Sunday  
6:00 A.M.  
7:00 P.M.  
Holy Days

9:10 A.M. - Rosary  
9:30 A.M. - Mass  
(EXCEPT on first  
Sunday of each month)

THE MOST HOLY FAMILY

Weekly Bulletin #438

First Sunday after Epiphany

January 12, 1997 - - - White

Mass of Feast; Gl; Or: Feast, Oct. Epip., A Domo; Cr. Pref. Epip.

We now resume our discussions on PRAYER. For the past few weeks, because of the Christmas Season, our discussions were put aside. The season of Lent, which is now upon us, is a perfect time to speak of prayer. Please remember that we do not speak of PRAYERS. We speak of PRAYER. We do not speak of a prayerful man or woman. We speak of a man or woman of prayer. Good and holy role models are no longer there for us to see. Consequently, we have no one to lead us in the way of prayer. When we see a prayerful looking person, we immediately conclude that there is the model. Traditionalist people are only too quick to grab on to the external trappings of a prayerful occasion. The glitter and the music of a religious experience, all externals, very often send a watching people in attendance up to the level of sensible consolation. The religious experience, however, is soon forgotten, and so is the sensible consolation. And the religious experiences have to be continuous in order that the sensible consolation of the people be maintained. Traditionalist people are want to request fancy religious experiences. But is this not a great deal like the novus order faithful - who must be presented with a new and different show and performance each Sunday morning? Show time is not prayer time. If we look to sensible consolation to nourish our spiritual hunger, we shall always be disappointed. Spiritual superiors do wrong in promoting those experiences which feed sensible consolation to the people entrusted to their care, to the detriment of real prayer. Sensible consolation in prayer is only an accompaniment and quite a secondary matter, and spiritual superiors should teach their people in this important quality of prayer

1. The loveliness of Christmas is quickly giving away to the PENITENTIAL SEASON OF LENT. Sunday, January 26, 1997 is SEPTUAGESIMA SUNDAY.
2. EPIPHANY CHALK is available at all masses today. Please take what you need. The Epiphany markings over our doors are a source of great wonderment and curiosity to all visitors - both catholic and protestant. In former times all such beautiful customs and symbolisms were commonplace in and around strong Catholic circles, and they were a wonderful cause of many conversions to the Catholic Faith. The various manifestations of the Sensus Catholicus around the home underlined Catholic Faith amongst family members. Today, forgetful of their Catholic origins, catholic people need instruction almost as much as their protestant associates. Not only have the churches, but the laity also, have been stripped of every bit of beauty their Catholic Religion once had. In the place of the former reverential beauty of Catholic worship, we now see a monstrous and vulgar irreverence as a fitting and worshipful act of worship to the Supreme God!
3. Confessions are heard before masses on Sunday. Let us all be reminded of the importance of the Sacrament of Penance. All Sacraments are Grace giving. Why, then, neglect this wonderful source of Grace?