## TRADITIONAL CHAPELS IN ALABAMA

St. Francis of Assisi Our Lady of Lourdes Roman Catholic Chapel Roman Catholic Chapel Roman Catholic Chapel Cullman, Alabama Birmingham, Alabama Montgomery, Alabama MASSES SCHEDULE 6:00 A.M. 10:00 A.H. 9:10 A.M. Every Sunday 9:30 A.M. 10:45 A.M. - Mass 6:00 A.M. (EXCEPT on first (ONLY on First Sunday 7:00 P.M. Sunday of each month)

Holy Days

THE NINETEENTH SUNDAY AFTER PENTECOST Weekly Bulletin # 423 October 6, 1996 - - - Green

In Mass: Gl.; Orations (1) Sunday; (2) Saints; (3) For Church; (4) Against Storms; Cr.; Preface Trinity.

## SOLEMN VOWS

Happy are they who dwell in your house, forever singing your praise. Psalm 84:5

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A man, however deep he thinks his prayer life is becoming and however painful the penance he inflicts upon himself, will never be a channel of grace to others unless he is ready not to appear as a channel of grace to others. It is the grace and not the channel that must be the important thing both to himself and to those whom he is trying to help.

The effect of one's OUTWARD charity will be measured by his INWARD humility. The heart - the humble heart - is the place where Christ resides. A soul may be chosen by God to be the channel of His grace to His creatures, but if self blocks the passage - the grace is wasted. That is why by prayer and penance the soul must reduce the influence of self till the flow of grace is unimpeded. Mary was the perfect viaduct of grace: free of self she could transmit the plenitude of good. Perfectly ordered, her soul is the pattern alike of prayer and penance. Mary is the Mother of Love and she is the Mother of Sorrows - and she is the Mother of the Most Holy Rosary.

- IMPORTANT ANNOUNCEMENT: Because of the Ceremony of Vows for Frater Paul, there will be no 9:30 A.M. Mass at St. Pius V Chapel in Birmingham on October 13, 1996 - NEXT SUNDAY.
  As ALWAYS, THE MASS AT ST. FRANCIS CHAPEL (ABBEY CHURCH) WILL BE AT THE USUAL TIME OF 10:00 A.M.
- Confessions are heard before masses on Sunday. Do not take the matter of the Sacrament of Penance lightly. Reverend Father Michael, O.S.B. and Reverend Father Sebastian, O.S.B. will receive their Faculties to hear confessions on Sunday, November 3, 1996. In truth, both of these priests have had the power of the Sacrament of Penance since their ordination - they received their "faculties" at the time of ordination. They did not have permission to hear confessions until after their studies were completed. They now have the permission which was granted them by the abbot of Christ the King Monastery. It is the serious responsibility of the abbot to see to it that the priests of the monastery (the "agents" of the priestly functions of the monastery) are properly and sufficiently instructed before they are "released" to administer the Holy Sacraments. Today, because of the countless "anathemas" the various and sundry so-called traditionalist groups hurl at each other, many good intentioned people have acted and thought under the influence of misinformation, and confuse the meaning of validity with the meaning of licitness: (lawfulness). The Novus Ordo mainstream church makes great use of confusing licitness with validity, and this

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