TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes St. Francis of Assisi St. Pius V Roman Catholic Chapel Roman Catholic Chapel Roman Catholic Chapel Montgomery, Alabama Cullman, Alabama Birmingham, Alabama MASSES SCHEDULE 6:00 A.M. 10:00 A.M. 10:30 A.M. - Rosary 9:10 A.M. - Rosary Every Sunday 10:45 A.M. - Mass 9:30 A.M. - Mass 6:00 A.M. (EXCEPT on first (ONLY on First Sunday 7 · 00 P 11

Holy Days

THE SIXTH SUNDAY AFTER PENTECOST July 7, 1996 - - - Green

of each month)

Weekly Bulletin # 410

Sunday of each month)

If we wish to be holy we must place ourselves entirely at the service of God. If we wish to be entirely at the service of God, we must keep in mind the three following rules of conduct:

(1) The first is to do everything to please God. We must let that be the general and particular intention of our every action. THIS RULE WORKS AS A FEELING MORE THAN AS AN ACTUAL THOUGHT. Only if we love God properly can we understand this. Only when we love God properly will our recollection function properly in us, and we must be recollected in our hearts rather than in our minds. Take note: the mind is what is distracted - NOT the heart. This rule adapts itself to everything and lets us do things in the ORDINARY WAY. A general intention suffices. In the case of a greater difficulty, a special intention will do much good to the soul.

(2) The second rule is to attend to all things in a spirit of simplicity. We must perform our actions with a free mind, insisting on them only in so much as God wants them and while He wants them; in a spirit of calmness, doing things in due order, one after another, without haste or impatience and not as a matter of duty to someone - full of preoccupation and never at rest. We must strive to do our work well and completely and not merely to get rid of it as soon as possible so that we can go on to ANOTHER of our many duties.

(3) The third rule: We must live a trifle more in God as our center, and nothing will oppress or distract us; for we will then FEEL the presence of God Who quickens and sees everything. Our actions will instinctively all be done for and in the complete service of God.

We must give ourselves entirely to our Lord as He gives Himself entirely to us. Let there be no reserve in our gift to God, no division in our hearts. Let there be no other center than His adorable and ever-loving Will. Can anyone who has come to know the good Jesus find something that can stand in comparison with Him? He whose only possession is Jesus is very rich indeed.

We must never consider ourselves in the mirror of self-love. If we do we will frighten ourselves. Neither must we look in the mirror of creatures, for they will scare us. In the same way we must never look at the scales of our own merits, for our destitution will tilt the scales very much against us. What a mistake when we look at the false light of human words - - for then we will always be deceived.

We must not keep an account of what we give to our good Master, nor make any estimate of what we lack. The one who truly loves does not keep records. His only concern is to give and give and give. He has no time for record keeping.

The best sacrifice to offer to Jesus is our $\overline{\text{EGO}}$, our personalites. The best homage to render to Jesus is our hearts.

Our Love of God is the best test of duty, of virtue, of charity. Our love of God is the sacred scale of values by which to regulate our judgements, our appraisals, our dislikes, our desires, our conflicts, our joys.

1. Thursday, July 11, 1996 is the Feast of the Solemnity of Our Most Holy Father Benedict. This is a great feast for the Monastery. Please pray to St. Benedict and ask for his help and protection of our Monastery. He saved us all once before - it is predicted that he will save us once again. We do need his help.

The Monks will be on Retreat from Monday, July 8 to Friday, July 12. They will not be conviently available during that time except for things that are truly important. Please pray that they will all make

a good retreat.

2.

3. Please pray for all the Sick and Shut-Ins of our Chapels especially remembering Al Sachs and Woody Flrmming. Again- please remember in a very special way our friend Rama Coomaraswamy who will undergo a very serious operation this week.