TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes St. Francis of Assisi Roman Catholic Chapel Roman Catholic Chapel Roman Catholic Chapel Montgomery, Alabama Cullman, Alabama Birmingham, Alabama SCHEDULE MASSES 10:30 A.M. - Rosary 9:10 A.M. - Rosary 10:45 A.M. - Mass 9:30 A.M. - Mass (ONLY on First Sunday (EXCEPT on first

THE SECOND SUNDAY OF LENT March 3, 1996 - - - Purple

of each month)

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Sunday of each month)

True penance is the surrender of the whole self to God. To maintain this surrender, enduring constantly the greater as well as the smaller hardships of life, is to prove the quality of the original repentance, conversion (turning away from) break with sin. The man who can face the idea of surrendering himself to God may have little understanding of what he is undertaking, but at least he is approaching penance in the right way. The man who asks himself if he can take on the hairshirt and the discipline is approaching penance in the wrong way. By concerntrating on the outward manifestation he is in danger of forgetting about the thing itself.

The end of penance is God, NOT MORE PENANCES. This the approach to penance has to be by way of love, not by way of steeling the will to toughness. We must learn how to love more, and we must spend less time in making tough spiritual champions. Penance must have its roots in charity, not in austerity. Austerity may accompany its growth, but it will be a by-product rather than an essential fruit. A certain amount of austerity will even be a sign of true penitence, but it will not be an infallible sign nor the only one. The infallible signs of true penance are humility and charity.: "and if I deliver my body to be burned, yet do not have charity, it profits me nothing."

1. During Lent, Stations of the Cross and Benediction of the Most Blessed Sacrament, every Friday evening at 7:00 P.M. in the Abbey Church.

LENT

2. Thursday, March 7, 1996 is the Feast of St. Thomas Aquinas. On that day please pray for our young priests, our clerics and seminarians who are students of St. Thomas. Pray that St. Thomas will assist them in their efforts.

S. For the sake of theadministration of the Sacrament of Penance in our chapels, the following schedule should be helpful to all. Abbot Leonard will continue to offer Mass in the Chapel of Our Lady of Lourdes in Montgomery on the First Sunday of the Month and will hear Confessions at that time. He will offer Mass in St. Pius V Chapel in Birmingham on the SECOND SUNDAY OF EACH MONTH and will hear Confessions at that time. This schedule will remain in effect until such a time when it becomes convenient to change.

4. Beginning with the FIRST SATURDAY of May, 1996 there will be an 8:00A.M. Mass in the Abbey Church for the convenience of those who wish to make

the First Saturdays.

Please pray for all the Sick and Shut-Ins of our Chapels, especially remembering Al Sachs, Woody Flemming and Ethyl Wallace, and Mary Richie. Please pray for infant Patrick Green (Montgomery) who is very sick.