

## TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes  
Roman Catholic Chapel  
Montgomery, Alabama

St. Francis of Assisi  
Roman Catholic Chapel  
Cullman, Alabama

St. Pius V  
Roman Catholic Chapel  
Birmingham, Alabama

### SCHEDULE OF MASSES

6:00 A.M. - Mass

10:30 A.M. - Rosary  
10:45 A.M. - Mass  
(ONLY on First Sunday  
of each month)

9:10 A.M. - Rosary  
9:30 A.M. - Mass  
(EXCEPT on first  
Sunday of each month)

QUINGUAGESIMA SUNDAY  
February 18, 1996 - - - Purple

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## LENT



REMEMBER, MAN, THAT THOU ART DUST, AND UNTO DUST THOU SHALL RETURN

## ASH WEDNESDAY

THE ATMOSPHERE OF LENT IS ONE OF PRAYER AND MORTIFICATION. One cannot be mortified without feeling a BIT OF PAIN AND DISCOMFORT. It simply cannot be said that one is abstaining when one continues to enjoy the taste of meat or whatever; one cannot fast without feeling hunger; one is not being obedient if, at the same time he insists on his own way; one is not considered patient while such a one storms in and our of ordinary family and daily happenings; one is not prayerful if such a one does not pray

During Lent we should make the effort - REAL EFFORT - to come to a clear understanding of just what the SPIRITUAL LIFE REALLY MEANS. It must remain the responsibility of Latin Rite Traditional Pulpits to teach the people the basic elements of SPIRITUALITY - NOT technical catechetical information. The one and only main cause that should be promoted by Traditional Pulpits must be the Mass - -

!!!NOTHING ELSE!!!