Without silence, there is no prayer. Without prayer, there is no contemplative existence. Only in silence and in the wonderful solitude of the cloister can a monk or nun reach the heights of recollection or contemplation. astery can be likened to the top of a high mountain. One climbs to the top of the mountain on a clear day - - alone - - nothing but the wind blowing and tugging at one's hair can be heard as it whistles its way through the trees. clouds, ever so beautiful, can almost be touched. Alone - - one scarcely whispers for fear of disturbing something, and as the wind finds its way amongst the trees, one feels Presence! And one wishes not to be disturbed. The companions in the climb to the top, each becomes a solitary and wanders off, alone, when the summit is reached. When one is in the presence of God, the company of man is unnecessary. Monastic silence should not be viewed as an anti-social disposition on the part of monks or nuns, nor is it to be interpreted as a dumb taciturnity that finds nothing about which to talk. It is the silence - it is the solitude - that one is compelled to when one is in the presence of PRESENCE!

Venerable Frater Francis Nordmann, O.S.B. will pronounce his FINAL AND SOLEMN VOWS OF STABILITY, OBEDIENCE AND REMORMATION OF MANNER today, October 8, 1995. Please pray for Frater Francis, as he takes this most important step in his

life, May he always be an example for many to follow. Today, also, Noel Nordmann will be received as the First Novice of the Monastery of St. Joseph, Cullman, Alabama. Having successfully completed her 5 month period of Postulancy (probation) Noel Nordmann will receive the traditional white veil of a Benedictine Novice. In so doing, an awesome responsibility comes to rest on her shoulders. Not only will she begin her period of intense training as a nun, but she takes on the solitary duty of learning all that is required of one who places the foundation stones of a new religious To make matters more difficult, she has no one to show her the way. In the entire American country, there is not one single professed traditional Benedictine Nun willing or able to work toward the preservation of tradition. Noel Nordmann must learn all that is required, and she must do this all alone! She must learn, so that she can pass it on to others. PLEASE PRAY FOR HER! With God;s help she shall accomplish this unbelievable task!!! ALL SOULS DAY ENVELOPES ARE NOW AVAILABLE - PLEASE TAKE ONE.

Our very dear friend Isaac Soileau died. Please pray for this good man. OCTOBER IS THE MONTH OF THE MOST HOLY ROSARY.

Please pray for all the Sick and Shut-Ins of our Chapels.

6. Beginning with the FIRST SUNDAY OF ADVENT, the MASS SCHEDULE for St. Francis Chapel (Abbey Church) will be as follows: 6:00 A.M. and 10:00 A.M. EVERY SUNDAY:

Please pray for those who suffered the ravages of HURRICANE OPEL. 8. 9.

Wednesday, October 11, 1995 is the Feast of the Maternity of BVM.

RECEPTION DOWNSTAIRS OF CHURCH FOLLOWS MASS * * * * *Everyone Is Invited* * * * * ********

10: MASSES FOR THE WEEK:

6:00 For Prayer Promises and All Benefactors SUNDAY:

10:00 Welfare of St. Joseph Monastery

Welfare of Christ the King Monastery

MONDAY: Special Int. Edward Carmody

TUESDAY: Dec. Clarence Russnak

Special Int. Edward Harris WEDNESDAY:

THURSDAY: Dec. Katherine Hoffman

Special Int. Ella Soileau FRIDAY:

SATURDAY: Special Int. John Dziedziak, Jr.

> ONCE AGAIN: PLEASE PRAY FOR THE WELFARE OF THE MONASTERY OF ST. JOSEPH AND CHRIST THE KING ABBEY. WE MUST HAVE YOUR PRAYERS AND YOUR GOOD WISHES. PRAY FOR THE ONES WHO ARE TODAY ENTERING INTO VOWS AND THE NOVITIATE. PRAY FOR VOCATIONS!!!