

## TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes  
Roman Catholic Chapel  
Montgomery, Alabama

St. Francis of Assisi  
Roman Catholic Chapel  
Cullman, Alabama

St. Pius V  
Roman Catholic Chapel  
Birmingham, Alabama

### SCHEDULE OF MASSES

10:30 A.M. - Rosary  
10:45 A.M. - Mass  
(ONLY on First Sunday  
of each month)

6:00 A.M. - Mass  
(EVERY SUNDAY)  
12:30 P.M. - Mass  
(EXCEPT on first  
Sunday of each month)

9:10 A.M. - Rosary  
9:30 A.M. - Mass  
(EXCEPT on first  
Sunday of each month)

THE SIXTEENTH SUNDAY AFTER PENTECOST  
September 24, 1995

Weekly Bulletin # 371

## SOLEMN VOWS

*Happy are they who dwell in your house,  
forever singing your praise. Psalm 84:5*



Much of the high tension and neurosis and depression, all too common in our day, could be eliminated if each person in the world were to spend the first hour of the day in silent prayer. Persistent problems and duty's dull routine would not seem so overwhelming if the torrent of the world's affairs could be held back for an hour before one faces the day. Surprisingly, there are a great many people who faithfully do this, and they find that a solemn stillness enters their hearts, and tranquillity stays with them throughout the day. That hour - in touch with the divine Life - gives them the courage and the strength they need. The din of the factory, the push of rush hour, the pressure of office business, the workings of the corporation, the uncertainty of one's job, fear for the safety of one's children, married life, and sickness become less irritating, distressing and disturbing. They have made room in their hearts for God! With the presence of God come peace and quiet and calm, and Hope begins to stir around in their hearts. Senses dead to the world's discordant din are better able to recognize the Divine Voice when It whispers in their hearts.

1. Sunday, October 8, 1995 is the Day for SOLEMN VOWS AND THE RECEPTION OF NOVICES. Therefore, there will be no 9:30 S.M. Mass at St. Pius Chapel in Birmingham on that day, neither will there be a 12:30 P.M. Mass at St. Francis Chapel (Abbey Church) on that day. The Masses at St. Francis Chapel (Abbey Church) in Cullman will be at 6:00 A.M. and 10:00 A.M.
2. Venerable Frater Francis Nordmann, O.S.B. will pronounce his FINAL AND SOLEMN VOWS OF STABILITY, OBEDIENCE AND REMORMATION OF MANNER on Sunday, October 8, 1995 at 10:00 A.M. Mass. Please pray for Frater Francis, as he takes this most important step in his life, may he be an example for many to follow.
3. Noel Nordmann will be received as the First Novice of the Monastery of St. Joseph, Cullman, Alabama. Having successfully completed her 5 Month period of Postulancy (probation) NoelNordmann will receive the Traditional White Veil of a Benedictine Novice. In so doing, an awesome responsibility comes to rest on her shoulders. Not only will she begin her period of intense training as a nun, but she takes on the solitary duty of learning all that is required of one who places the foundation stones of a new religious community. To make matters more difficult, she has no one to show her the way. In the entire American country, there is not one single professed traditional Benedictine Nun willing or able to preserve the traditions. Noel Nordmann must learn all that is required, and she does this all alone! PLEASE PRAY FOR HER! With God's help she shall accomplish this unbelievable task!!!