

**TRADITIONAL CHAPELS IN ALABAMA**

Our Lady of Lourdes  
Roman Catholic Chapel  
Montgomery, Alabama

St. Francis of Assisi  
Roman Catholic Chapel  
Cullman, Alabama

St. Pius V  
Roman Catholic Chapel  
Birmingham, Alabama

**SCHEDULE OF MASSES**

10:30 A.M. - Rosary  
10:45 A.M. - Mass  
(ONLY on First Sunday  
of each month)

6:00 A.M. - Mass  
(EVERY SUNDAY)  
12:30 P.M. - Mass  
(EXCEPT on first  
Sunday of each month)

9:10 A.M. - Rosary  
9:30 A.M. - Mass  
(EXCEPT on first  
Sunday of each month)

QUINQUAGESIMA SUNDAY  
February 13, 1994 - - - Purple

Weekly Bulletin # 305

**LENT**



**REMEMBER, MAN, THAT THOU ART DUST, AND UNTO DUST THOU SHALL RETURN**

**ASH WEDNESDAY**

THE ATMOSPHERE OF LENT IS ONE OF PRAYER AND MORTIFICATION. One cannot be mortified without feeling a BIT OF PAIN AND DISCOMFORT. It simply cannot be said that one is abstaining when one continues to enjoy the taste of meat or whatever; one cannot fast without feeling hunger; one is not being obedient if, at the same time he insists on his own way; one is not considered patient while such a one storms in and out of ordinary family and daily happenings; one is not prayerful if such a one does not pray

During Lent we should make the effort - REAL EFFORT - to come to a clear understanding of just what the SPIRITUAL LIFE REALLY MEANS. It must remain the responsibility of Latin Rite Traditional Pulpits to teach the people the basic elements of SPIRITUALITY - NOT technical catechetical information. The one and only main cause that should be promoted by Traditional Pulpits must be the Mass - -

**!!!NOTHING ELSE!!!**

1. February 16, 1994 is ASH WEDNESDAY, and IS A DAY OF SOLEMN FAST AND COMPLETE ABSTINENCE. Unless the reason be serious and grave, no one is excused from these serious directives. Ash Wednesday is not a Holy Day of Obligation, but everyone who can is urged to attend Mass on that very Solemn Day. If Mass attendance is impossible, then at least one hour of special prayer - over and above the usual - is strongly recommended

Mass on Ash Wednesday: - St. Francis Chapel only -  
 7:00 A.M. Distribution of Ashes at Both Masses  
 7:00 P.M.

2. STATIONS OF THE CROSS - EVERY LENTEN FRIDAY AT 7:00 P.M. (Please correct Bulletin #304 which indicated Wednesday evenings).  
 St. Francis Chapel.

3. The usual PACKETS OF BLESSED ASHES will be available to all at the Masses on Ash Wednesday and the Sunday Following.

4. Please pray for all the Sick and Shut-Ins of our Chapels - especially remembering Al Sachs.

5. The St. Blaise Blessing of Throats will be given at Masses Today.

6. During the Holy Season of Lent, please pray more intently for VOCATIONS - not just for ourselves and our Monastery, but for the ENTIRE Latin Rite Traditional Roman Catholic Church. Pray that these men will be MEN OF FAITH! - NOT THEOLOGICAL TECHNICIANS.

7. During the Holy Season of Lent, please pray more intently for:  
 (1) Unity of Purpose: (2) Unity of Understanding: (3) Unity of Intention: (4) Unity of Accomplishment - for those of us all whose main and central purpose is the PRESERVATION OF THE TRUE AND HOLY SACRIFICE OF THE MASS, and since the Mass is the central CAUSE, pray that God will grant the Grace sufficient to those various and sundry traditionalist centers who pump causes that in no way promote the Holy Sacrifice of the Mass, but are a hindrance to it.

UNITY OF PURPOSE - - UNITY OF PURPOSE - - UNITY OF PURPOSE  
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8. MASSES FOR THE WEEK:  
 SUNDAY: 6:00 A.M. For Prayer PROMISES AND Benefactors  
 9:30 A.M. For the People of the Chapels  
 12:30 P.M. For the Poor Souls  
 MONDAY: . Dec. Joseph Sautner  
 TUESDAY: Dec. Joseph Parrot  
 ASH WEDNESDAY: In Honor of the Infant of Prague  
 THURSDAY: Dec. Gabriel & Amada Lejeune  
 FRIDAY: Dec. Tom French  
 SATURDAY: Special Int. of Mrs. Piemonte

"We sit by and watch the barbarian, we tolerate him; in the long stretches of peace we are not afraid. We are tickled by his irreverence; his cosmic inversion of our old certitudes and our fixed creeds refreshes us; we laugh. But as we laugh we are watched by large and awful faces from beyond; and on those faces there is no smile."

Hilaire Belloc

LORD, GRANT US MONKS! LORD, GRANT US HOLY MONKS!  
 LORD, GRANT US MANY HOLY MONKS!

## LENT

**ALL OUR PRAYERS MUST BE ORIENTED AROUND THE CRUCIFIX** BECAUSE THEIR VIRTUE COMES FROM THE SACRED PASSION, WHICH IS THE VERY FOUNDATION, THE SOURCE, THE ROOT OF OUR OWN PRIVATE PRAYERS AND THOSE OF THE WHOLE CHURCH.

(SPECIAL NOTE) All statements of observance and discipline which, from time to time, appear in the "Weekly Bulletin" of the Traditional Chapels in Alabama, have an official quality about them. They should not be viewed as private priestly opinions, nor should they be looked upon as resulting from any statement of preference of any individual or any group of individuals. Every statement concerning Catholic observance or Catholic discipline printed in the "Weekly Bulletin" is the result of research and careful study, and is as accurate a statement as can be made, so that the delicate norms of Holy Tradition can be preserved, and the confusing principles of modern theological teachings be rendered ineffective. **ACCURACY MUST ALWAYS BE THE UNDERLYING CHARACTERISTIC OF THE TRADITIONAL POSITION.** The promotion of personal likes or dislikes serves only the purpose of reducing, or completely destroying, credibility in official Traditional teaching. The "Weekly Bulletin" follows as safe a guide as is possible or available at the present time. Therefore, special care is taken not to impose rules which bind Catholics more seriously in disciplinary matters than those which the Church **HERSELF** imposes. **GOD GIVES THE ORDERS THAT PENANCE MUST BE DONE!** **The Church has the right and the authority to specify how and what.** We must not presume to make the laws more binding than what the Church does, and no individual has the right to oblige under serious sin when the Church does not. The Church has the right to change disciplinary laws She has made, **AS LONG AS THE CHANGE IS NOT AGAINST THE TEACHING AND THE WILL OF CHRIST.** **Former practices of penance are MOST meritorious and STRONGLY recommended, but they CANNOT BE IMPOSED UNDER PAIN OF SIN, if the Church says otherwise.** **EVERY individual is encouraged to follow the former discipline of Lent.** Therefore, baring excess and being guided by the norms of discretion and prudence we set forth the current Lenten Regulations.

## FAST

In keeping with the obligation of doing special penance in reparation for our many sins, the Church obliges us to fast on certain days throughout the year. All persons over twenty-one and under fifty-nine years of age are bound by the Law of Fast - unless their health or the nature of their work prevents them. This means that on a fast day they may have only one principal, or full meal and two smaller meals. They may eat meat at the principal meal, except on days of complete abstinence. At the two smaller meals (which when taken together should not equal the principle meal in quantity) they may not have meat. Eating between meals is not permitted, but liquids, including milk and fruit juices, may be taken at any time of a fast day. In former times this law was binding under sin. **Even though the Church has relaxed this law, it is very strongly recommended, that the daily fast be carefully observed as in former times.** **THE COMPLETE DISREGARD OF THE PRINCIPLE OF FAST SIMPLY CANNOT BE WITHOUT SERIOUS SIN!!!**

## ABSTINENCE

The customary discipline concerning **ABSTINENCE** is that **NO MEAT** be eaten on all Wednesdays and all Fridays of Lent. This was the **LAW**, and it was binding under sin. The Church has relaxed this law, and **SERIOUS OBLIGATION (SIN) NOW EXISTS ONLY ON ASH WEDNESDAY AND GOOD FRIDAY.** Fridays during Lent should be days of **SPECIAL EFFORT** with regards to penance and sacrifice. **IT IS VERY STRONGLY RECOMMENDED THAT THE PRACTICE OF ABSTINENCE BE CAREFULLY OBSERVED AS IN FORMER TIMES.** Such an observance means: **NO MEAT OR ANY DISH IN THE PREPARATION OF WHICH MEAT ENTERS.** It must be noted that under the present dispensation it cannot be properly said that a person commits serious sin when not observing the Regulations of Abstinence, but as above, **THE COMPLETE DISREGARD OF THE PRINCIPLE OF ABSTINENCE SIMPLY CANNOT BE WITHOUT SERIOUS SIN!!!**

**EVERY TRADITIONALIST PRIEST, BROTHER, SISTER OR LAY-PERSON HAS THE VERY GRAVE OBLIGATION OF GIVING A GOOD EXAMPLE TO ALL THOSE CATHOLICS WHO HAVE DEVELOPED A COMPLETE DISREGARD FOR THE PRINCIPLES OF FAST AND ABSTINENCE.**