## TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes St. Pius V Roman Catholic Chapel Roman Catholic Chapel Roman Catholic Chapel Birmingham, Alabama Montgomery, Alabama Cullman, Alabama OF SCHEDULE MASSES 6:00 A.M. - Mass 10:30 A.M. - Rosary 9:10 A.M. - Rosary (EVERY SUNDAY) 9:30 A.M. - Mass 10:45 A.M. - Mass 12:30 P.M. - Mass (EXCEPT on first (EXCEPT on first (ONLY on First Sunday

Sunday of each month)

THE SEVENTEENTH SUNDAY AFTER PENTECOST September 26, 1993 - - - Green

of each month)

Weekly Bulletin #290

Sunday of each month)

The first step in carrying out the Will of God is to avoid all mortal sin. The next stage of progress is that of one who has normally only venial sins to confess. Here the plan should be to attack any habit there may be of committing some particular venial sin. A daily examination of conscience (even for the ordinary layman) is an excellent way of getting rid of such habits. And if only one such habit were broken in a year, the advance would be considerable. For the whole general health of the soul would have improved greatly as a result of the continual effort to overcome even one habit. habits would be found to have weakened. It is always the first battle that is the most difficult. In winning it, one had gone more tha half-way to winning the next one.

The next stage would be where deliberate venial sins are unusual, and, when they do occur, are rather the result of momentary weakness, than of a set policy not avoiding particular faults because "they are only venial sins." The determination never to offend God deliberately, forms itself as a result of reading and reflection and daily contact with God in prayer. This determination will do much to give one a positive rule of action for each day. if one is in earnest about seeking Christ and living the life of Christ, one will wish for some indication of God's Will which will cover the wole and entire day.

## SIMPLE TRIENNIAL

## VOWS

On the Third Day of October, 1993, by the Grace of God, Venerable Frater Paul May, of the Order of St. Benedict, shall pronounce the Holy Vows of OBEDIENCE, STABILITY AND THE CONVERSION OF LIFE (POVERTY AND CHASTITY OF COURSE INCLUDED). These vows are for a period of three years, and having completed his novitiate of one year successfully, Frater Paul, by the pronouncing of these Vows becomes a Monk of the Holy Benedictine Order.

Please pray for the welfare of Frater Paul, and for the welfare of the entire Community of Monks of Christ the King Monastery. The work that the Monks of our Monastery are being called upon to perform has to be MONUMENTAL! - help them by your prayers.

- Wednesday September 29, 1993 is the FEast of St. Michael the Archangel.
- SPECIAL NOTICE BECAUSE OF THE PROFESSION OF VOWS NEXT SUNDAY:

Masses at St. Frances Chapel: 6:00 A.M. and 10:00 A.M. There will be NO 12:30 P.M. Mass.

There will be NO MASS at Our Lady of Lourdes, Montgomery on that day: October 3,. There will be NO Mass at St. Pius V Chapel in Birmingham on that day.

There will be Mass at ouf Lady of Lourdes on Sunday, October 10, 1993. There will be no 9:30 A.M. Mass at St. Pius Chapel in Birmingham, and

no 12:30 P.M. Mass at St. Francis Chapel in Cullman on that day.