## TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes	St. Francis of Assisi	St. Pius V
Roman Catholic Chapel	Roman Catholic Chapel	Roman Catholic Chapel
Montgomery, Alabama	Cullman, Alabama	Birmingham, Alabama
S C H E  10:30 A.M Rosary 10:45 A.M Mass (ONLY on First Sunday of each month)	12:30 P.M Mass	SES 9:10 A.M Rosary 9:30 A.M Mass (EXCEPT on first Sunday of each month)

SUNDAY WITHIN OCTAVE OF THE ASCENSION Weekly Bulletin # 276 May 23, 1993 - - - White

Christianity is more than a doctrine. It is Christ Himself, living in those whom He has united to Himself in one Mystical Body. It is the mystery by which the Incarnation of the Word of God continues and extends itself throughout the history of the world, reaching into the souls and lives of all men, until the final completion of God's plan. Christianity is the "re-establishment of all things in Christ." (Ephesians).

Now Christ lives and acts in men by faith and by the sacraments of faith. The greatest of all the sacraments, the crown of the whole Christian life on earth, is the Sacrament of charity, the Blessed Eucharist, in which Christ not only gives us grace but actually gives us Himself. For in this most Holy Sacrament Jesus Christ Himself is truly and substantially present, Body and Blood, and remains present as long as the consecrated species of bread and wine continue in existence. The Blessed Eucharist is therefore the very heart of Christianity since it contains Christ Himself in His very own Body and Blood, and since it is the chief means by which Christ mystically unites the faithful to Himself in one Body. Care must be taken here to note that the Eucharist is not to be considered (as it is taught today) the congregated body of the faithful.

## THE FEAST OF THE HOLY GHOST - - PENTECOST SUNDAY - NEXT SUNDAY. THE SEVEN GIFTS OF THE HOLY GHOST:

1. Wisdom

4. Fortitude

2. Understanding

Knowledge

Counsel

6. Piety

7. Fear of the Lord

## THE FRUITS OF THE HOLY GHOST:

Charity

5. Benignity

9. Faith

2. Joy

6. Goodness

10. Modesty

Peace

7. Long-suffering

11. Continency

4. Patience

8. Mildness

12. Chastity

These twelve fruits of the Holy Ghost are GOOD HABITS performed under the inspiration of the Holy Ghost. They make us happy and contented, and help us to be pleasing to both God and Man.

- Confessions are heard before Masses on Sunday REMEMBER EASTER CONFESSION. The Easter Duty of Confession and Communion cannot be treated lightly or in an arbitrary way. IT IS A SERIOUS SIN FOR ONE TO OMIT EASTER CONFESSION AND COMMUNION. The time limit for this obligation is TRINITY SUNDAY - the Sunday after Pentecost Sunday.
- Please pray for all the Sick and Shut-Ins of our Chapels, especially remembering our Brother Al Sachs.

GRANT US MONKS! LORD, GRANT US HOLY MONKS! LORD, GRANT US MANY HOLY MONKS!