4. MASSES FOR THE WEEK:

SUNDAY: 6:00 A.M. For Prayer Promises and Benefactors 10:00 A.M. In Honor of St. Phelumena (NOVENA)

MONDAY: In Honor St. Phelumena TUESDAY: In Honor St. Phelumena

WEDNESDAY: Thksg. Charles and Ann Jernigan

THURSDAY: Special Int. Ella Soileau FRIDAY: Special Int. Ann Roberts SATURDAY: Special Int. Paul Roy Family

5. Please Pray for all the Sick and Shut-Ins of our Chapels especially remembering Al and Connie Sachs and Ross Giambrone.

6. Friday is the First Friday of October

Saturday is the First Saturday of October.

7. Poor Souls Day Envelopes are now available.

A VERY SPECIAL WELCOME IS EXTENDED TO ALL OF OUR VISITORS TODAY. WE HOPE AND PRAY THAT THE BEST OF GOD'S GRACES AND BLESSINGS WILL BE FOR EACH OF YOU AND FOR ALL OF YOUR DEAR LOVED ONES.

A PRAYERFUL MAN ALWAYS PRAYS - - , BUT HE IS NOT ALWAYS SAYING PRAYERS. A life of prayer is not a life spent on one's knees, incessantly talking to God. A life of prayer is a life wherein a man is EVER CONSCIOUS OF GOD - God within him, God outside him, above him and below him - over, under and all around him. To be a man of prayer is to be a man whose EVERY thought, word and deed is not necessarily ABOUT GOD, but DIRECTED TO GOD. Such a man eats and drinks, sleeps and works, laughs and cries, suffers and rejoices, triumphs and fails in God and for God, and for GOD'S GREATER HONOR AND GLORY!!!

The life of a Monk is quite simple. It is never - as some suppose - monotonous. It is an austere life, but it is not righd. It is close to the earth and the labor of the Monk keeps nmonastic living closely bound up with nature. The LIFE OF THE MONK HAS TO BE GENUINE. Anyone who, with good will, gives himself to the Rule and to the PRAYER and LABOR and POVERTY and OBEDIENCE that is asked for and expected by that RULE, finds himself deepened and broadened and matured. Not by a set of EXTERNAL rigid systems of piety and observances, but simply by working in the fields - or wherever - and the daily chanting of the praises of God, by his H oly Reading, by enduring his fasts, and the heat and the cold, and the poor and simply life, the Monk grows and becomes in spirit, and, without being aware of it, ever go gradually finds his way to sanctity.

## FROM THE WORDS OF POPE PIUS XI:

"Those whose assiduous zeal is vowed to prayer and to penance, much more than the labourers engaged in the cultivating of the Lord's field, contribute to the progress of the Church and the salvation of human kind, because if they did not cause abundant divine graces to descend to irrigate the field, the evangelizers would draw very scanty fruits from their labor."

ORD, GRANT US MONKS! LORD, GRANT US HOLY MONKS! LORD, GRANT US MANY HOLY MONKS!