

TRADITIONAL CHAPELS IN ALABAMA

Our Lady of Lourdes
Roman Catholic Chapel
Montgomery, Alabama

St. Francis of Assisi
Roman Catholic Chapel
Cullman, Alabama

St. Pius V
Roman Catholic Chapel
Birmingham, Alabama

S C H E D U L E O F M A S S E S

10:30 A.M. - Rosary
10:45 A.M. - Mass
(ONLY on First Sunday
of each month)

6:00 A.M. - Mass
(EVERY SUNDAY)
12:30 P.M. - Mass
(EXCEPT on first
Sunday of each month)

9:10 A.M. - Rosary
9:30 A.M. - Mass
(EXCEPT on first
Sunday of each month)

SUNDAY WITHIN OCTAVE OF EPIPHANY

WEEKLY Bulletin #221

First Sunday after Epiphany

January 12, 1992 - - - White

PRAYER - - the lifting up of one's mind and heart to God.

Proper disposition for prayer comes first of all from God's grace, and even a proper disposition must be sought in prayer. Proper disposition is also developed by reading and reflection - which gives reason for the avoidance of long prayers, for where there is much speaking there is little thinking. If one were to start, say, with a decade of the Rosary or some prayers of equal length every morning and evening, that would seem sufficient as far as FORMAL prayer is concerned. If there are prayers in a book with a special appeal it is better to say one or two each time, or repeat the same one for a week, than to burden ourselves with the collection each morning and night. If our facility in prayer increases we can always extend our program and time of prayer, but it is always better to be too short than too long! We have a long road before us, and the important thing is to persevere to the end, and not become faint-hearted and quit altogether after a period of time. Moreover one of the reasons why such insistence is placed upon not making prayer a BURDEN, is that then there is much more likelihood that INFORMAL prayer will rise spontaneously to our lips during odd moments of the day; and that sort of prayer is very necessary also. In any case "the Lord loveth a cheerful giver", and it is far better to give Him one minute cheerfully and out of real love than ten minutes under duress, duty and force of habit.

1. Blessed Epiphany Chalk is available after Masses today. The Usual Blessing of the houses was included in Bulletin #220. If anyone needs additional copies, these are readily available.
2. Please pray for all the Sick and Shut-Ins of our Chapels, especially remembering our Brother Al Sachs. Everyone is asked to remember the welfare of Rev. Father Abbot Hilary Dreaper, O.S.B., and Rev. Father Aloysius Plaisance, O.S.B. both of St. Bernard Monastery in Cullman. Both are quite sick, and in need of the Charity of our hearts.
3. Masses for the Week:
 - SUNDAY: 6:00 A.M. For prayer PROMISES AND Benefactors
 - 9:30 A.M. For the People of the Chapels
 - 12:30 P.M. Dec. Florine Brisbois
 - MONDAY: Welfare Richard Bonnell
 - TUESDAY: Spec. Int. Sister Mary Monica, C.M.R.I.
 - WEDNESDAY: Special Int. Judith Judge
 - THURSDAY: Dec. Everett Liddicoat
 - FRIDAY: Dec. Grace Giardina - Anniv.
 - SATURDAY: Dec. John and Josie Luyben

19 + G + M + B + 92