



A PRAYERFUL MAN ALWAYS PRAYS - - but, he is not always saying prayers. A life of prayer is not a life spent on one's knees. incessantly talking to God. A life of prayer is a life wherein a man is EVER CONSCIOUS of God - God within him, God outside him, above him and below him - - - over, under and all around him. To be a man of prayer is to be a man whose EVERY thought, word and deed is not necessarily ABOUT God, but DIRECTED TO GOD. Such a man eats and drinks, sleeps and works, laughs and cries, suffers and rejoices, triumphs and fails in God and for God, and for GOD'S GREATER HONOR AND GLORY.

5. Wednesday, Friday and Saturday of this week are the September Ember Days, and are days of Fast and Abstinence. Meat is allowed but once on Wednesday and Saturday. The obligation to Fast and Abstain is Serious.
6. Saturday, September 21, is the Feast of St. Matthew the Apostle.

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FROM THE WORDS OF POPE PIUS XI:

"Those whose assiduous zeal is vowed to prayer and to penance, much more than the labourers engaged in the cultivating the Lord's field, contribute to the progress of the Church and the salvation of human kind, because if they did not cause abundant divine graces to descend to irrigate the field, the evangelizers would draw very scanty fruits from their labor."

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A VERY SPECIAL WELCOME IS EXTENDED TO ALL OF OUR VISITORS TODAY. WE HOPE AND PRAY THAT THE BEST OF GOD'S GRACES AND BLESSINGS WILL BE FOR EACH OF YOU AND FOR ALL OF YOUR DEAR LOVED ONES.

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The life of a Monk is quite simple. It is never - as some suppose - monotonous. It is an austere life, but it is not rigid. It is close to the earth and the labor of the Monk keeps monastic living closely bound up with nature. THE LIFE OF THE MONK HAS TO BE GENUINE. Anyone who, with good will, gives himself to the Rule and to the PRAYER and LABOR and POVERTY and OBEDIENCE that is asked for and expected by that Rule, finds himself deepened and broadened and matured. Not by a set of external rigid systems of piety and observances, but simply by working in the fields - or wherever - and the daily chanting of the praises of God, by his Holy Reading, by enduring his fasts, and the heat and the cold, and the poor and simple life, the Monk grows and becomes in spirit, and without being aware of it, ever so gradually finds his way to sanctity.

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LORD, GRANT US MONKS! LORD, GRANT US MANY MONKS! LORD, GRANT US MANY HOLY MONKS!