

AN INSTRUCTION:

THE THREE THEOLOGICAL VIRTUES: (1) Faith (2) Hope (3) Charity

THE FOUR CARDINAL VIRTUES: (1) Prudence (2) Justice (3) Fortitude
(4) Temperance

THE SEVEN GIFTS OF THE HOLY GHOST:

(1) Wisdom (2) Understanding (3) Counsel (4) Fortitude (5) knowledge
(6) Piety (7) Fear of the Lord.

THE SEVEN FRUITS OF THE HOLY GHOST:

(1) Charity (2) Joy (3) Peace, (4) Patience (5) Benignity
(6) Goodness, (7) Long-Suffering (8) Mildness (9) Faith
(10) Modesty (11) Continency (12) Chastity

THE CORPORAL WORKS OF MERCY ARE:

(1) Feed the Hungry (2) Give drink to the thirsty, (3) Clothe the naked
(4) Admonish sinners (5) Harbor the harborless (6) Visit the sick
(7) Visit the captive (8) Bury the dead.

THE SEVEN DEADLY (CAPITAL SINS) - - - -and their opposite VIRTUES

(1) Pride	opposes	Humility
(2) Covetousness	"	Liberality
(3) Lust	"	Chastity
(4) Anger	"	Meekness
(5) Gluttony	"	Temperance
(6) Envy	"	Brotherly Love
(7) Sloth	"	Diligence

THE SINS AGAINST THE HOLY GHOST:

(1) Presumption of God's Mercy (2) Despair (3) Impugning the known truth
(4) Envy at another's spiritual good (5) Obstinacy in sin
(6) Final impenitence

SINS CRYING TO HEAVEN FOR VENGEANCE:

- (1) Wilful murder
- (2) Sodomy
- (3) Oppression of the poor
- (4) Defrauding laborers of their wages

NINE WAYS OF BEING ACCESSORY TO ANOTHER'S SIN:

(1) Counsel (2) Command (3) Consent (4) Provocation (5) Praise or flattery
(6) Concealment (7) Partaking (8) Silence (9) Defense of the ill done.

THREE EMINENT GOOD WORKS:

(1) Alms-deeds (Works of Mercy) (2) Prayer (3) Fasting

THE EVANGELICAL COUNSELS

- (1) POVERTY
- (2) CHASTITY
- (3) OBEDIENCE

THE FOUR LAST THINGS TO REMEMBER:

- (1) DEATH
- (2) JUDGEMENT
- (3) HEAVEN
- (4) HELL

THE HOLY DAYS OF OBLIGATION (Mass must be heard on these days)

- (1) Christmas Day (December 25)
- (2) Circumcision (January 1)
- (3) Ascension Thursday
- (4) The Assumption (August 15)
- (5) All Saints' Day (November 1)
- (6) The Immaculate Conception (Dec.8)