



Christ the King Abbey

(Traditional Benedictines)
www.christthekingabbey.org
Cullman, Alabama

Every Sunday: 6:00 AM and 10:00 AM
Daily: 6:00 AM
Holy Days of Obligation:
6:00 AM - 8:00 AM - 7:00 PM



Our Lady of Lourdes Chapel
Montgomery, Alabama
10:45 AM
First Sunday of each
month only

St Pius V Chapel
Birmingham, Alabama
9:30 AM
Second, Fourth, and Fifth
Sundays of each month only.

FOURTH SUNDAY OF ADVENT
December 19, 2010 – Purple
Mass of Sunday no Gl Cr Preface Holy Trinity



Weekly Bulletin #1179

The Fourth Sunday of Advent



WHO ART THOU, LORD?

Two thousand years ago there came into this world a Man whose Life of thirty-three years is the **chief event** in the world's history, and—whether we think of it or not—the **chief event** in the history here and hereafter of every one of us.

He was promised four thousand years before He came. The race, the tribe, the family, the time of His coming, the chief events of His Life were known. So that in the reign of the Roman Emperor, Augustus Caesar, when the time foretold by the prophets had come, there was a widespread expectation of a great Deliverer, and many eyes were turned to the little country of Palestine where He was to appear. And there, in Bethlehem, in a stable, on a cold winter's night, He came. Angels sang in the heavens and sent lowly shepherds to His very poor crib in an abandoned stable. A star shining out in the east—

ADVENT WREATH BLESSING

Fourth Sunday of Advent

- All: That when again He shines revealed,
And trembling worlds to terror yield,
He give not sin it just reward,
But in His love protect and guard.
- Priest: Drop down dew, ye heavens, from above, and let the clouds rain the just; let the earth be opened and put forth a savior.
- Priest: ∅. The heavens show forth the glory of God.
People: Ɀ. And the firmament declares the work of His hands.
- Priest: ∅. Come, O Lord, and do not delay.
People: Ɀ. Forgive the sins of Thy people Israel.
- Priest: ∅. Lift up your gates, O ye princes; and be ye lifted up, O eternal gates, and the King of Glory shall enter in.
People: Ɀ. Who shall ascend into the mountain of the Lord or who shall stand in His holy place? The innocent in hands, and the clean of heart.
- Priest: ∅. Glory be to the Father, and the Son, and the Holy Ghost.
People: Ɀ. As it was in the beginning, is now, and ever shall be, world without end. Amen.
- Priest: LET US PRAY: Bestir, O Lord, Thy might, we beseech Thee, and come; and with great power come to our aid, that, by the help of Thy grace, that which is hindered by our sins may be hastened by Thy merciful forgiveness.
- People: Amen. (Priest lights fourth candle)

CHRISTMAS MASS SCHEDULE

Saturday, December 25, 2010

Christmas Masses in the Abbey Church will be at Midnight on Christmas Eve (the Church will be open about 11: 15 PM), and at 10:00 AM on Christmas Day. ***There will be NO 6:00 AM Mass in the Abbey Church on Christmas Day.***

There will be no Christmas Day Mass at St. Pius V Chapel in Birmingham.

NB: Anyone receiving Holy Communion at the Christmas Eve Midnight Mass may NOT receive Holy Communion again at a later Mass on Christmas Day.

SPECIAL NOTE: There will be NO Confessions before the Midnight Mass or the 10:00 AM Mass on Christmas Day.

Hymn for the Fourth Sunday of Advent

Sung after the 10:00 AM Mass – all please stand

O Come, O Come, Emmanuel



7. O come, De - sire of na - tions, bind In one the
8. O come, O come, Em - man - u - el And ran - som



7. hearts of all man - kind; Bid all our sad di
8. cap - tive Is - ra - el, That mourns in lone - ly



7. vi - sions cease, And be your - self our King of peace.
8. ex - ile here Un - til the Son of God ap - pear.

Refrain



Re - joice! Re - joice! Em - man - u - el



Shall come to you, O Is - ra - el!



CEREMONY FOR THE BLESSING OF BREAD
ON THE FOURTH SUNDAY OF ADVENT
(Outside of Holy Mass)

(The bread should be baked by the mother of the family, remain unsliced, and brought, neatly wrapped, to the Church.)

Priest: The Prophets of old foretold Thy birth among us – now cause virtue to come to life in us!
People: *The Lord is close at hand; come, let us adore Him.*
Priest: We proclaim Thy saving work – now grant us Thy salvation!
People: *The Lord is close at hand; come, let us adore Him.*
Priest: Thou didst come to heal the wounds of men – now heal the weaknesses of us Thy people!
People: *The Lord is close at hand; come, let us adore Him.*
Priest: Thou art worthy of all praise, for Thou hast given life and doth rule all things – help us to wait in joyful and patient hope for the coming of Thy glory!
People: *The Lord is close at hand; come, let us adore Him.*
Priest: May Almighty God bless us: the ✠ Father, the ✠ Son, and the ✠ Holy Ghost, and may His blessing be upon us forever.
People: *Amen.*

The Blessing of the Bread:

Priest: Our help is in the name of the Lord.
People: *Who hast made heaven and earth.*
Priest: The Lord be with you.
People: *And with thy spirit.*
Priest: Let us pray. O Lord, Jesus Christ, Bread of Angels, living Bread unto eternal life, bless ✠ this bread as Thou didst bless the five loaves in the wilderness; that all who eat it with reverence may through it attain the corporal and spiritual health they desire. Who livest and reignest eternally.
People: *Amen.*
Priest: Let us pray. Holy Lord, Father almighty, everlasting God, bless ✠ this bread with Thy supernatural benevolence. May it be to all partakers a source of health for body and soul, and a safeguard against illness and all inimical assaults. Through our Lord, Jesus Christ, Thy Son, the living bread which came down from heaven, Who giveth life and salvation to the world! Who liveth and reigneth with Thee in the unity of the Holy Spirit, God, eternally. **People:** *Amen.*



(Priest now sprinkles the bread with Holy Water.)



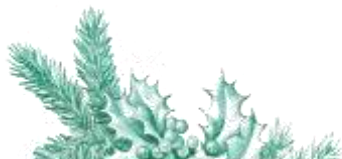
At Home:

(To be said by the father of the family – or the mother, if the father is absent – at the dinner table before the main meal. The entire family should be gathered at the table, if possible.)

Father: The Lord be with each of you.
Family: *And also with you.*
Father: Let us pray. O God, our Father, mindful of the place that Thou hast given me within the circle of my family, I call out to Thee to bless my family. I extend Thy peace to my wife, and to each of my children. As I distribute this blessed bread to them, I give a sign to my family that I am truly mindful of my place, and that I will dedicate myself to its fulfillment. Lord, give me courage to always live up to this high calling. Protect my family. Keep us all free from the snares of the devil, and if any member of this family has the misfortune to be thus ensnared, grant that they may soon return to Thy grace. I ask this through Christ our Lord.
Family: *Amen.*

(The father now distributes the bread by breaking off pieces and handing one piece to each member of the family)


Father: *(Standing, with right hand extended):* May the blessing of God: the Father and the Son and the Holy Ghost, descend upon myself and my family and remain with us forever.
Family: *Amen.*



Ministers for Christmas Masses:

Ministers for Christmas


Midnight Mass:



Celebrant: Father Sebastian, O.S.B.
Masters of Ceremonies: Father Michael, O.S.B.
Acolytes: Danny Henderson
Ronald Roberts
Censor Bearer: Brother Louis, O.S.B.


Nothing is more pleasing to God than unshaken faith and confidence in the midst of darkness. It is the property of those whom God calls to union, to more intimate familiarity with Himself, to persist in hoping in Him in spite of every appearance which might tend to make them doubt the Divine promises. Never forget that faith is the beginning, the progress and the consummation of perfection.

Abbot Marmion Union with God



Elizabeth DeNardo will carry
the baby Jesus, and place Him in
the crib at Midnight of Christmas.

1. *****Special Notice*** There will be no Christmas Day Mass at St. Pius V Chapel, Birmingham!!!**
 2. There will be NO Catechism class after 10:00 AM Mass this morning.
 3. Tuesday, December 21, 2010, is the Feast of Saint Thomas the Apostle.
 4. **N.B.** Christmas Eve, Friday, December 24, 2010 – **The Vigil of Christmas** – is a day of Fast and Abstinence, and must be looked upon as such – however, the occasion is a festive one, and good prudence of judgment should be observed. May the Baby Jesus fill your hearts with LOVE. God bless you!
 5. **The Christmas Masses in the Abbey Church are at Midnight and 10:00 AM. For the Midnight Mass, the Church will be opened at 11:15 PM. Fasting for Holy Communion should begin about 9:00 PM.**
 6. **Those who receive Holy Communion at Midnight may not receive again on that day.**
 6. **There will be no confessions before the Midnight Mass and the 10:00 AM Mass on Christmas Day.**
N.B. THERE WILL BE NO 6:00AM MASS IN THE ABBEY CHURCH ON CHRISTMAS DAY.
 7. Please pray for all the Sick and Shut-ins of our Chapels. Pray for all people who are in need. Please pray for Alfred Kresbach, Frank Nash and Father Abbot Leonard, OSB
 8. **MASSES FOR THE WEEK: (Father Abbot Leonard's schedule only)**

SUNDAY:	For all the Faithful people of our Chapels
MONDAY:	Special Int. Patricia Jones
TUESDAY:	For Dan Dumbacher Family
WEDNESDAY:	Dec. Paul Bieker
THURSDAY:	Poor Souls in Purgatory
FRIDAY:	Dec. Justine Herrmann
SATURDAY:	For our monks, nuns, and oblates
- 



A Thought To Remember ...

The Rosary is a prayer which is not suited for all occasions, and anyone who is inwardly not at peace, or is troubled by religious problems, can do very little with it; he would be well advised to leave it alone. To benefit from the Rosary, two conditions are essential: a living faith and the ability to compose the mind and remain quiet. To recite the Rosary in a hurry is not only wrong but absolutely pointless: it must be spoken slowly and thoughtfully. If there is no time for a whole Rosary one should do one section only; it is better to recite a part in the correct manner than the whole of it with insufficient care.

