



Christ the King Abbey

(Traditional Benedictines)
www.christthekingabbey.org
Cullman, Alabama
Every Sunday: 6:00 AM and 10:00 AM
Daily: 6:00 AM
Holy Days of Obligation:
6:00 AM - 8:00 AM - 7:00 PM



Our Lady of Lourdes Chapel
Montgomery, Alabama
10:45 AM
First Sunday of each
month only

St Pius V Chapel
Birmingham, Alabama
9:30 AM
Second, Fourth, and Fifth
Sundays of each month only.

THIRD SUNDAY OF ADVENT

Gaudete (Rejoice) Sunday

December 12, 2010 – Purple

Mass of Sunday no Gl Cr Preface Holy Trinity

Weekly Bulletin #1178

THE HOLY SEASON OF ADVENT



The Third Sunday of Advent Gaudete Sunday

The Great "O" Antiphons

Beginning on December 17, at Vespers of each day, the Church Liturgy introduces what are called the "O" Antiphons. These are beautiful prayers sung in Choir by the monks in a very splendid and solemn manner and tone. These antiphons, which are scriptural texts a few lines long, are so many jewels of inspired poetry. Each prayer ends on the eager cry – "Come"! There is a climactic order in these antiphons. In the first, *O Sapientia (O Wisdom)*, we take a backward flight into the recesses of eternity to address Wisdom, the Word of God. In the Second, *O Adonai (O Lord of Lords)*, we have leaped from eternity to the time of Moses and the Law of Moses (about 1400 BC). In the third, *O Radix Jesse (O Root of Jesse)*, we have come to the time when God was preparing the line of David (about 1100 BC). In the fourth, *O Clavis David (O Key of David)*, we have come to the year 1000 BC (the beginning of the final Millennium before the birth of the Lord). In the fifth, *O Oriens (O Rising Dawn)*, we see that the line of David is elevated so that the people may look upon a rising star in the east, and hence in the sixth, *O Rex Gentium (O King of Nations)*, we know that He is King of all the world of man. This brings us to the evening before the Vigil of Christmas (December 23), and before coming to the town limits of Bethlehem, we salute Him with the last great "O" and we sing *O Emmanuel (O God with Us)*.

Each evening at Vespers time (around 5:00 PM), the family should gather around their home altar for the recitation of the Rosary. When the Rosary is finished, one of the great "O" Antiphons should be recited as a solemn prayer. Special emphasis should be placed on the words at the end when we cry out to God in our needs and expectations. These are prayers of the highest level, and should be prayed with great solemnity and seriousness.

Are not our own days filled with anxiety, worry, concern, and expectation? Many indeed are the reasons for concern, but we cry out "*O Emmanuel!*" and in accordance to the strength of our faith shall we be heard.

December 17



Wisdom

O Wisdom who camest out of the mouth of the Most High, reaching from end to end ordering all things mightily and sweetly: come and teach us the way of prudence!

December 18



Adonai

O Adonai and Leader of the house of Israel, who didst appear to Moses in the flame of the burning bush, and didst give unto him the law on Sinai: come, and with an outstretched arm redeem us!

December 19



Root of Jesse

O Root of Jesse who standest for an ensign of the people, before whom kings shall keep silence, and unto whom the gentiles shall make their supplication: come to deliver us and carry not!

December 20



Key of David

O Key of David and Scepter of the house of Israel, who openest and no man shutteth, who shutteth and no man openeth: come and bring forth from his prison-house the captive that sitteth in darkness and in the shadow of death.

December 21



Dawn

O Dawn of the East, brightness of the light eternal, and Sun of Justice, come and enlighten them that sit in darkness and the shadow of death.

December 22



King

O King of the Gentiles and the desired of them, Thou cornerstone that makest both one, come and deliver man, whom Thou didst form out of the dust of the earth.

December 23



Emmanuel

O Emmanuel our King and Lawgiver, the expected of the nations and their Savior, come to save us, O Lord our God.





Sound the trumpet in Sion, for the day of the Lord is nigh. Behold, he will come to save us. Behold the desired of all nations shall come, and the house of the lord shall be filled with glory. The lord will come, go ye out to meet him. Fear not, for our lord shall come to you. Behold, all things

Hymn for the Third Sunday of Advent

Sung after the 10:00 AM Mass— all please stand



O Come, O Come, Emmanuel



5. O come now, Key of Da - vid, come, And o - pen
6. O come now, Day - spring from on high, And cheer us



5. wide our heaven - ly home; Make safe the way that
6. by your draw - ing nigh; Dis - perse the clouds of



5. sets us free, And close the path to mis - er - y.
6. lower - ing night, And death's dark shad - ow put to flight.



Re - jice! Re - jice! Em - man - u - el



Shall come to you, O Is - ra - el!



Ministers for Christmas Midnight Mass:

Celebrant: Father Sebastian, O.S.B.

Masters of Ceremonies:

Father Michael, O.S.B.

Acolytes:

(1) Danny Henderson

(2) Ronald Roberts

Censor Bearer:

Brother Louis, O.S.B.



Miss Elizabeth DiNardo will carry the baby Jesus, and place Him in the crib at Midnight of Christmas.

Blessing of Bread

Do not forget the Blessing of Bread Ceremony after the 10:00 Mass in the Abbey Church on the Fourth Sunday of

Advent


and after the 9:30 Mass at St. Pius V

The ceremony and the instruction for the Blessing of the Bread will be found in next Sunday's bulletin.

1. *****Special Notice***** There will be no Christmas Day Mass at St. Pius V Chapel, Birmingham!!!
2. There will be no Catechism class after 10:00 AM Mass this morning.
3. **Wednesday, Friday, and Saturday, December 15, 17, and 18 are the Winter Ember Days, and are days of fast and abstinence. Meat may be eaten ONCE only on Wednesday and Saturday at the main meal.**
4. ADVENT is a time for SPIRITUAL RECOVERY AND RELIGIOUS AFFIRMATION. It should be an affirmation of our True Catholic way of believing and living. We must - - WE SIMPLY MUST - - redouble our efforts at living true Catholic Religious Life: "Sensus Catholicus", and we must dedicate ourselves to the task of creating a proper and correct atmosphere amongst Latin Right Roman Catholics. Every effort must be made to avoid all "home spun" catholicism. Our effort must be to be thoroughly and correctly Catholic, not Catholic mixed with something else - whatever that something else may be.
5. Please pray for all the Sick and Shut-ins of our Chapels. Pray for all people who are in need. Please pray for Abbot Leonard, O.S.B., Alfred Krebsbach and Frank Nash.
6. **Saint Pius V Chapel, Birmingham** – *Blessing of Bread* will take place today after Mass.
7. The 2011 AD Calendars are now available and at the usual price (\$8.00).
 - a. At Our Lady of Lourdes Chapel in Montgomery, please see Mrs. Alan Olson.
 - b. At St. Pius V Chapel in Birmingham, please see Mrs. George Niebuhr.
 - c. At Christ the King Abbey in Cullman, please see Father Bernard, O.S.B.
8. MASSES FOR THE WEEK: (Father Abbot Leonard's schedule only)

SUNDAY:	For all the Faithful people of our Chapels
MONDAY:	Dec. Gabriel and Amanda Lejeune
TUESDAY:	For the Poor Souls in Purgatory
WEDNESDAY:	Welfare of the Dumbacher family
THURSDAY:	Special Int. Joseph Saraceno
FRIDAY:	For the Poor souls in Purgatory
SATURDAY:	Dec. Marguerite McGill



 Especially during these remaining days of Advent, be very conscientious about the reading of the assigned "Advent Readings" at the main meal of the family. Do not omit these readings.

Some think it improper to begin early decorating for Christmas. This sounds somewhat like some form of "homespun catholicism." There is no harm and certainly nothing wrong with beginning your Christmas decorating early. Neither is it out of place to play Christmas music at this early time. For the sake of the children early preparation for Christmas is a good idea, provided that the



A Thought To Remember ...

To the worldling, who knows no other "self" than the dark, irksome, dismal shadow of himself, the interior life of the soul will spell the destruction of everything he is accustomed to think of as his "real" and "attractive" personality.