

# Act of Faith in Jesus-Christ, Son of God

Let us place ourselves at the feet of Christ and say to Him: Lord Jesus, Incarnate Word, I believe that Thou art God; true God begotten of true God: I do not see Thy Divinity but because Thy Father tells me: " This is My beloved Son," I believe it; and because I believe it, I submit myself to Thee entirely, body, soul, judgment, will, heart, sensibility, imagination, all my energies; I wish that the words of the psalmist may be fulfilled in me, namely, that all things shall be subjected under Thy feet. I wish to follow Thee as my Chief and that Thy Gospel may be my light and Thy Will my guide. Possess me wholly, through Thy Spirit, for the glory of the Father!

**By this act of faith, we lay the very foundation of our spiritual life.**

And if this act is frequently renewed, then Christ, as St. Paul says, " dwells in our hearts ": that is to say He reigns in our souls in a constant manner as Master and King. and becomes in us. through His Spirit. the principle of divine life.

## *Special Notice:*

With profound gratitude to Almighty God and in thanksgiving to the Immaculate Heart of Mary, Abbot Leonard returned home to the monastery yesterday. Without your constant prayers and Masses, Fr. Abbot and the monks would not be where we are today. We pray to the Immaculate Heart of Mary for each one of you – we are indebted to you. Thank you for your great charity.

Fr. Sebastian, O.S.B., Prior

1. There will be Catechism classes after 10:00 AM Mass this morning.
2. Tuesday September 14, 2010 is the Feast of the Exaltation of the Holy Cross. We recall the return of the True Cross to Jerusalem by Emperor Heraclius during the Seventh century. After Heraclius had recovered the Precious Relic, he tried to carry it along the road to the top of Mount Calvary. He was unable to make any headway! Bishop Zachary of Jerusalem, pointing to his luxurious clothing said, "Attired in these rich robes, you are far from imitating the poverty of Jesus Christ, and His humility in bearing His Cross." The Emperor caught the hint and went on to Calvary barefooted and wearing a simple cloak.
3. Wednesday September 15, 2010 is an occasion of the remembering of the Sorrows of our Most Blessed Mother Mary. When she said "Behold the handmaid of the Lord; be it done unto me according to Thy word," little did she know of the future in her life. With these words, she promised to God the work of her life, and the work of her life was to help extend God's mercy to all men. This was to be accomplished by her great and intense sufferings. All of the sufferings of Mary were the COST of mothering the earth's Redeemer. For those of us who claim to love that Redeemer, the sword of sorrow and suffering will be thrust into our hearts also!
4. Wednesday, Friday, and Saturday of this week are the Ember days of autumn and are days of fast and abstinence. They follow each year the Feast of the Exaltation of the Holy Cross, September 14<sup>th</sup>. God made man to rejoice in the possession and use of the good things He placed upon this earth. But God also asks that He be worshiped as the source of everything good, especially of joy. God expects that man, by means of penance, mortification and restraint, keep and use all good things within reason and within the law of God, and His law as HE, GOD, INTERPRETS IT TO BE FOLLOWED...
5. Friday September 17, 2010 is the Feast of Saint Hildegarde, a great Benedictine saint.
6. **Please be conscientious about reading with much care, each week, the wonderful discourses on prayer by Father Gräf. Save them for future reference.**
7. Please pray for all the Sick and Shut-ins of our Chapels. LET US ALSO PRAY FOR EVERYONE.
8. **MASSES FOR THE WEEK: (6:00 AM High Altar Mass only)**  
SUNDAY: 6:00 AM: Prayer promises and benefactors  
10:00 AM: For all the Faithful people of our Chapels  
MONDAY: Special Int. Marianne Holup  
TUESDAY: Poor Souls Most Abandoned  
WEDNESDAY: Special Int. Patricia Jones  
THURSDAY: Special Int. Patricia Jones  
FRIDAY: Special Int. Jean Rentschler  
SATURDAY: Special Int. Jean Rentschler

## *A Thought To Remember ...*

**In the ultimate analysis, a day without self-conquest is a day lost. Whatever else we may accomplish in this world, unless we manfully strive to subdue our own rebellious nature, our earthly existence will in the end prove but a lamentable failure.**