However, it is not in "pious" talk alone that we have to indulge when speaking to God, our Father, or to the Redeemer, our Friend, our Brother and Lover. Such talk is not always possible, least of all to beginners. We cannot shed our worldliness, to speak, when we enter the church, leaving it to wait for us outside. God cannot be imposed upon in that fashion. He knows how it stands with us in reality and what our interior dispositions are. "Lord, thou hast proved me and known me; Thou hast known my sitting down and my rising up. Thou hast understood my thoughts afar off; my path and my line thou hast searched out. And Thou hast foreseen all my ways; for there is no speech in my tongue - Behold, O Lord, Thou hast known all things, the last and those of old; Thou hast formed me and hast laid Thy hand upon me" (Ps. 138, 1.) "Thou knowest the heart of all the children of men" (3 Kings 8, 39); what can they do to Thee, O Watcher of men? (Job 7, 20). Of the Savior we read that He had knowledge of all men and did not need assurances about any man, "for He knew what was in man" (John 2, 25). We need impose no constraint on ourselves in God's presence; all that we can tell Him becomes and is prayer.

Indeed, each new day presents us with new dangers, new worries, new concerns, new fears new agitations. In spite of all that however, we must never - ever - give in to discouragement. Those of us, who are faithful and honest and loving children of our most loving Father, Jesus Christ, have nothing to really fear, provided we are faithful to our life of prayer and love. If we are weak in prayer, let us quickly and resolutely turn directly to our Divine Father, and with prayer as our intention beg His help and protection and safty. We must be people of prayer. As long as we pray, we will have hope.

1. There will be Catechism classes after 10:00 AM Mass this morning.

2. Today is the Feast of St. Christopher, martyr. The Blessing of Automobiles will take place after the 9:30 Mass at St. Pius V Chapel, Birmingham, and after the 10:00 Mass at Christ the King Abbey. The blessing will take place at Our Lady of Lourdes Chapel, Montgomery, after Mass on Sunday, August 1, 2010.

3. Monday, July 26, 2010, in the Benedictine calendar is the beautiful feast of Ss. Joachim and Anne, parents of the Most Blessed Virgin Mary. As they were so capable of teaching and guiding their very holy little girl, Mary, so will they be capable of teaching and guiding us. Let us pray fervently to them and ask that they guard over us as we plod through the countless vicissitudes that daily confront us.

4. CHRIST THE KING CHAPEL PICNIC Sunday, August 1, 2010. The place of the picnic will be at the same place as where the last picnic took place. It will be a "pot luck" picnic lunch. Everyone is welcome. Even if you have nothing to bring to the picnic - come anyway no one is excused.

5. Beginning with the Month of September 2010, the THIRD SUNDAY OF ANY MONTH, Mass will not take place at St. Pius V Chapel in Birmingham, which means that there will not, henceforth, be Mass in St. Pius V Chapel on the First and Third Sundays of any Month.

6. Please pray for all the Sick and Shut-ins of our Chapels. LET US ALSO PRAY FOR EVERYONE

7. MASSES FOR THE WEEK: (Father Abbot Leonard's schedule only)

SUNDAY: For the People of our Chapels MONDAY: Special Int. Geraldine Tobia

TUESDAY: Special Int. Paul Cahill WEDNESDAY: Special Int. Patricia Jones

THURSDAY: Dec. Stanley Drozd

FRIDAY: For the Poor Souls in Purgatory

SATURDAY: Dec. Alexander Salillas

A Thought To Remember ...

A kinder man than our Blessed Lord and Father, Jesus, never lived, but He had no patience with selfesteem, and He destroyed it, ripped it from you not so much, by what He said or did but by being Himself. As long as a shred of self-esteem remains in us, we cannot say that we love God!