

# Christ the King Abbey

(Traditional Benedictines)

[www.christthekingabbey.org](http://www.christthekingabbey.org)

Cullman, Alabama

Every Sunday: 6:00 AM and 10:00 AM

Daily: 6:00 AM

Holy Days of Obligation:

6:00 AM - 8:00 AM - 7:00 PM

Our Lady of Lourdes Chapel  
Montgomery, Alabama  
10:45 AM  
Only on first Sunday  
of each month

St Pius V Chapel  
Birmingham, Alabama  
9:30 AM  
Every Sunday except  
first Sunday of each month

SOLEMNITY OF ST. BENEDICT

*Seventh Sunday after Pentecost*

July 11, 2010 – White: Mass of St. Benedict Gl; Cr; Preface St. Benedict

Weekly Bulletin #1156

## *The Feast of the Solemnity of our Holy Father Saint Benedict* *Sunday, July 11, 2010*



*“Listen, O my son, to the precepts of thy master, and incline the ear of thy heart,  
and cheerfully receive the admonitions of thy loving Father.”*

### Prayer to Saint Benedict

Glorious St. Benedict, sublime model of all virtues, pure vessel of God's grace! Behold us humbly kneeling at thy feet. We implore thy loving heart to pray for us before the Throne of God. To thee we have recourse in all the dangers which daily surround us. Shield us against our enemies and inspire us to imitate thee in all things. May thy blessing be with us always, so that we may shun whatever God forbids and avoid the occasions of sin. Graciously obtain for us from God those favors and graces of which we stand so much in need in the trials, miseries, and afflictions of life. Thy heart was always so full of love, compassion, and mercy towards those who were afflicted or troubled in any way. Thou didst never dismiss without consolation and assistance anyone who had recourse to thee. We therefore invoke thy powerful intercession, in the confident hope that thou wilt hear our prayers and obtain for us the special graces and favors we so earnestly implore. Guide our motives, our actions, and our thoughts, so that all things we do, will be done for the greater honor and glory of God and the welfare of our souls. Help us, O most Holy Father Benedict, to live and die as faithful children of God, to be ever submissive to His Holy Will and to attain eternal happiness in Heaven. Amen.