

# THE HOLY SACRIFICE OF THE MASS

The Sacrifice of the Mass actually starts with the opening prayers of the Canon. The uncovering of the Chalice by the Celebrant indicates that preparations for the Offertory are about to begin. From the very start of the Canon there are two dominant themes in the action of the Mass: (1) GIVING TO GOD and (2) RECEIVING FROM GOD. The gifts that we give are ourselves and the Crucified Christ; the gifts that we receive are the Body and Blood of Christ. By giving bread, which is the very marrow of the earth, and by giving wine, which is its very blood, we are giving the two substances which have most traditionally nourished us, and thereby we are equivalently giving ourselves.

The ancient and unchanging sequence of the Canon Prayers contains the heart of the Mass, namely, the Consecration. Through the words and the Action of the Canon, the celebrant accomplishes the great work of the Mass: the bringing of Christ, Himself, down on our altars that we may offer Him to God - - - in the Mass we offer God to God! Our gifts of bread and wine, representing ourselves, are transformed (*transubstantiated*) into the Body and Blood of Christ. Then the celebrant offers Christ, and ourselves in union with Christ, to God.

Communion follows the Consecration, for throughout the Universe, the sacrament follows the sacrifice. Before the food we eat can become the sacrament which nourishes us, it must, first be sacrificed, that is, plucked up from its roots, and then admitted to the knife and the purging fire. By receiving Holy Communion, after the sacrifice of the Mass, we come to realize, in the truest sense of the word, that we live by what we slay. For Christ on the Cross is the victim slain by our sins. Through His merciful power we live by His death. In Holy Communion the celebrant and the people have consumed the Divine Victim offered to God in sacrifice. And thus it is now completed, for Christ, the Light of the world, has been sacrificed, and because of His sacrifice we have life in us.

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1. There will be Catechism class today after the 10:00 A.M. Mass.
  2. Today is the Feast of Our Lady of Perpetual Help, let us go unto our Blessed Mother and ask her for all the help and God's graces we need in these serious times we live in.
  3. Tuesday, June 29, 2010 is the Feast of Saints Peter and Paul. Saint Peter and Saint Paul are the Founding Fathers of our Holy Church. Therefore, it can be assumed that they have the greatest interest in the welfare of that Holy Church and are the best suited to do something about the crushed state of affairs which have evolved in that Church over the past several decades. It is most important that we, by our prayers to them, present the seriousness of the matter, and expect from them, in the Name of the Crucified Christ, that they do something about it!
  4. Thursday, July 1, 2010 is the Feast of The Most Precious Blood of Jesus. Another occasion for special prayer. Let us beg our Blessed Lord to cleanse our sins away from us and to fill our souls with His saving grace.
  5. Friday, July 2, 2010 is the beautiful Feast of the Visitation of our Blessed Mother. On that day the unborn John the Baptist met with his Cousin, the unborn Jesus, and John leapt for joy in his mother's womb.
  6. The Novena in Honor of Our Most Holy Father Benedict begins Tuesday, July 2, 2010. Please join the monks and nuns in solemn prayer to Saint Benedict. During these our times, we certainly need the protection of Saint Benedict.
  7. Thursday is the First Thursday of July. Holy Hour and Adoration of the Most Blessed Sacrament in the Abbey Church from 10:00 AM to 11:00 AM and 3:30 PM to 4:30 PM.
  8. Friday is the First Friday of July, with Masses in the Abbey Church at 6:00 AM and 8:00 AM, and all-day Adoration of the Most Blessed Sacrament from 10:00 AM until 5:00 PM
  9. Saturday, July 3, 2010, is the First Saturday of July, with Masses in the Abbey Church at 6:00 AM and 8:00 AM.
  10. Please pray for all the Sick and Shut-ins of our Chapels. LET US ALSO PRAY FOR EVERYONE.
  11. July 4, First Sunday of July, there will be Mass at Our Lady of Lourdes Chapel, Montgomery; there is no Mass that Sunday at St. Pius V Chapel, Birmingham.
  12. MASSES FOR THE WEEK: (Father Abbot Leonard's schedule only)

SUNDAY:	For the People of our Chapels	THURSDAY:	Dec. Marguerite McGill
MONDAY:	Dec. Robert Calderon	FRIDAY:	For the Poor Souls
TUESDAY:	Welfare of our Monastery and Convent	SATURDAY:	Special Int. Paul Roy Family
WEDNESDAY:	For the Poor Souls		

## A Thought To Remember ...

All important actions should be preceded and vivified by prayer, for only in prayer can a soul obtain the strength needed in life's difficulties. In prayer God will communicate Himself. He will counsel and inspire, even if His actions be unfelt. To find Him, however, the soul must enforce silence on all the disturbances which constantly tend to stifle the inspirations of grace — And Keep The Soul From Finding God.