

If we would renew our spiritual lives we have to begin the process with prayer. All other measures would merely retard, not arrest, the downward course. When the prayer that makes sacrifice possible costs us more than the sacrifice itself, not much is to be hoped for. If, for instance, eating and recreation were to cost us a greater effort than hard work, what chance would we have of renewing our bodily vigour? We should soon be at the end of our resources, completely disabled. Only when prayer has once more become a source of strength is there a good chance that our spiritual lives will take the upgrade again, and quickly too. We recall St Augustine's words, *ordo orandi, ordo vivendi*: "He knows how to live rightly who knows how to pray aright." When we again manage to pray well we pass without more ado from fervent prayer to fervent lives. **To be Continued...**

1. There will be Catechism class after 10:00 AM Mass this morning.
2. Do not forget that November is the Month of the Poor Souls in Purgatory. Therefore, let us not forget to give to them everything we are able too. Our special prayer must be directed to them, and for their benefit. This is not to be taken lightly. When the time arrives for us, and by the ever great grace of God, are sentenced to Purgatory. How profoundly will our need be, as we beg for help? "As we sow, so shall we reap."
3. The 2010 Calendars are available this Sunday at the usual price of \$8.00 each. At Christ the King Abbey in Cullman, please see Father Bernard, OSB. At St. Pius V Chapel in Birmingham, please see Mrs. George Niebuhr, Our Lady of Lourdes in Montgomery, please see Mrs. Alan Olson. A Catholic Calendar is a must in a Catholic home.
4. Monday November 9, 2009 Dedication of the Archbasilica of the Most Holy Savior
5. Friday November 13, 2009 is, for us the Feast of Benedictine All Saints. This is a particularly Benedictine Feast Day. Our Oblates are especially reminded to be mindful of this Benedictine day of special prayer.
6. Saturday November 14, 2009 is the Solemn Commemoration Day of Benedictine All Souls, and is another day of importance, especially to Benedictines. This is another occasion when prayer for our dead is emphasized.
7. We are now approaching the Holy Season of Advent – a good time for spiritual evaluation. It is a time well suited to analyze our true religious purpose. How sedulous are we, IN ACTUAL FACT, about the way of living a Catholic life which Traditional Catholicism places before us? Do we stop short of the "stops and starts" that common sense Catholic living asks of us? Have we constructed in our family circle a comfortable "homespun" religious practice which finds it convenient to attend a traditional church after we learn that the teachings of that particular church conform to our own private and personal catholic approach? If so, that would be but high quality Phariseeism! It would be a false religious exhibition of piety on Sunday mornings while all of the rest of the time **WE GIVE AN ALMOST BUT NOT QUITE** catholic appearance in our dress, in our eating habits, in our prayer, in our entertainment and enjoyment, in our manner of behavior and all the rest! **RIGHT HERE** is where our fears and concerns **MUST** be focused — **not our frantic and frenzied fears of coming catastrophes!** What is the quality of our concern about the eternal judgment of our eternal God? We simply cannot continuously walk about in life giving a "weak sister" observance to our responsibilities and religious convictions.
8. Please pray for all the Sick and Shut-ins of our Chapels. **LET US ALSO PRAY FOR EVERYONE.** It is not for us to determine who to leave out of this prayer. Please pray for Mary Casey of our St. Pius V Chapel, Birmingham.
9. **MASSES FOR THE WEEK:** (Father Abbot Leonard's schedule only)
 - SUNDAY: For the People of our Chapels
 - MONDAY: For the Poor Souls
 - TUESDAY: Special Int. Margaret Rosenberg
 - WEDNESDAY: Dec. Fidencio Castro
 - THURSDAY: For the Poor Souls
 - FRIDAY: For our Monks and Nuns and Oblates – Benedictine All Saints
 - SATURDAY: For the Dec. Monks and Nuns OSB – Benedictine All Souls

A Thought To Remember...

**When we manage to learn how to pray well we pass
without any ado from fervent prayer to fervent lives.**