

1. There will be Catechism class this morning after 10:00 AM Mass this morning
2. **REMEMBER, DAYLIGHT SAVING TIME BEGINS NEXT SUNDAY, MARCH 8, 2009. SET ALL CLOCKS FORWARD ONE HOUR NEXT SUNDAY.**
3. **Stations of the Cross** each Friday evening during Lent at 7:00 PM, followed by Benediction of the Most Blessed Sacrament.
4. **Oblate meeting after the 10:00AM Mass** Oblates please plan to attend these meetings. It is certain that **graces are attached to them. Father Bernard OSB will conduct the meeting.**
5. *Ashes will be distributed at all Masses today. The usual little packets of Blessed Ashes are available at all Masses today. They are to be used as Sacramentals. Take as many packages as you need and sprinkle them all around your house outside and in your gardens.*
6. Wednesday, Friday, and Saturday of this week are the Lenten Ember Days, and are days of special prayer. They are days of fast and abstinence. The abstinence is partial for Wednesday and Saturday – meat may be eaten once (at the main meal) on Wednesday and Saturday. Ember Days are the days at the beginning of the seasons ordered by the Church. They were carefully arranged at the beginning of each of the four seasons. They are prescribed for the entire Church by Pope Gregory VII for the Wednesday, Friday, and Saturday following: the Feast of St. Lucy, December 13; Ash Wednesday; Pentecost Sunday; and the Feast of the Exaltation of the Holy Cross, September 14. The purpose of these days is thanksgiving and petition for the bounties of the harvest.
7. Thursday, March 5, 2009, is the First Thursday of March, with Holy Hour and Benediction of the Most Blessed Sacrament in the Abbey Church from 10:00 AM to 11:00 AM and from 3:30 PM to 4:30 PM.
8. Friday, March 6, 2009, is the First Friday of March, with Masses in the Abbey Church at 6:00 AM and 8:00 AM. There is all-day Adoration of the Most Blessed Sacrament from 10:00 AM until 5:00 PM on that day.
9. Saturday, March 7, 2009, is the First Saturday of March, with Masses in the Abbey Church at 6:00 AM and 8:00 AM.
10. **Sunday, April 5 is also Palm Sunday, and the first Sunday of April. There will be NO Mass at Our Lady of Lourdes Chapel in Montgomery, nor at St. Pius V Chapel in Birmingham.**
11. **EARLY ANNOUNCEMENT FOR EASTER SUNDAY:**
 + Masses in the Abbey Church are at the usual times of 6:00 AM and 10:00 AM.
 + **N.B.:** Mass at St. Pius Chapel in Birmingham is at 9:00 AM. *(Since Father will be rushed to meet the Montgomery Mission, there will be no blessing of religious objects or any visiting with the people on that day.)*
 + Mass at Our Lady of Lourdes Chapel in Montgomery is at 11:00 AM. *(N.B.: Father may be several minutes late in arriving.)*
12. **Be reminded of the Lenten Daily Readings** that they should not be omitted. They can take place at any of the three meals of each day, giving preference to the main meal. These readings should be read by the Father or in his absence by the Mother of the family, and should take place at that meal where the greater number of family members are present: Sunday ESPECIALLY!
13. **PLEASE PRAY FOR ALL THE SICK AND SHUT-INS OF OUR CHAPELS.** LET US ALSO PRAY FOR EVERYONE. Let us pray for ALL the priests and religious men and women of the world. NO MAN, WOMAN, OR CHILD SHOULD BE LEFT OUT OF OUR PRAYER.
14. **MASSES FOR THE WEEK:** (Father Abbot Leonard's schedule only)

SUNDAY:	For the People of our Chapels
MONDAY:	For the Poor Souls in Purgatory
TUESDAY:	Dec. Martha Brueggemann
WEDNESDAY:	Dec. Anna Rita Huelskamp
THURSDAY:	Special Int. John Michael
FRIDAY:	Special Int. Lorraine Wunder
SATURDAY:	Special Int. Paul Roy Family



A Thought To Remember ...

Our Blessed Lord never wearies of repentant sinners. He never ceases from hoping for their return. The greater their distress, the greater His welcome. He asks only that the sinner is sincere, genuine, and firmly resolved in His repentance.