

Christ the King Abbey

(Traditional Benedictines)

Cullman, Alabama

www.ChristTheKingAbbey.org

Every Sunday: 6:00 AM and 10:00 AM

Daily: 6:00 AM

Holy Days of Obligation:

6:00 AM – 8:00 AM – 7:00 PM

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 AM

Only on first Sunday
of each month

Saint Pius V Chapel

Birmingham, Alabama

9:30 AM

Every Sunday except
first Sunday of each month

Quinquagesima Sunday

February 22, 2009 – Purple

Mass of Sunday Gl; Cr; comm Chair of St Peter

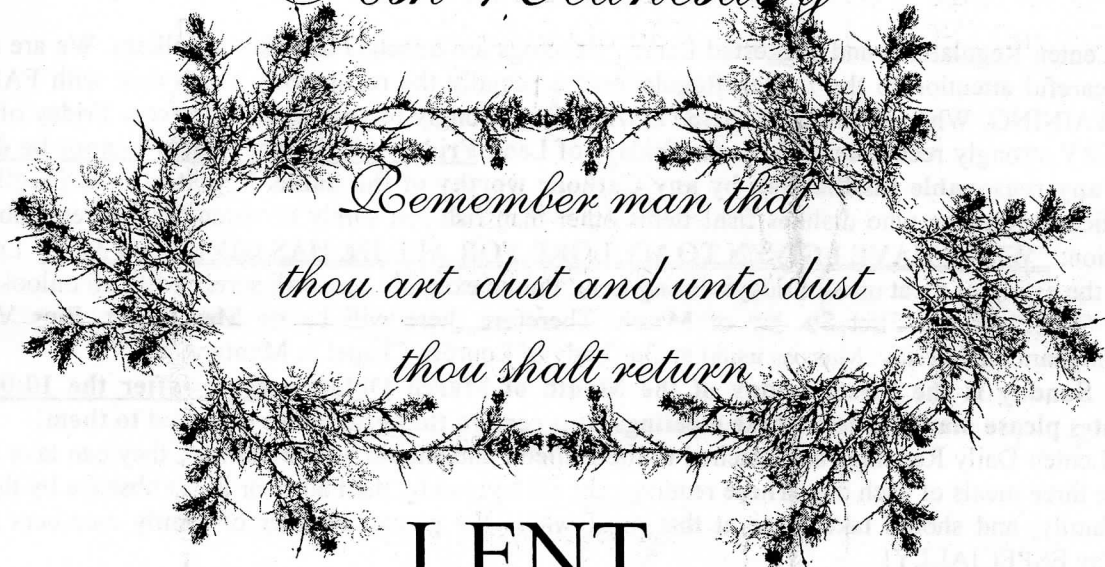
comm St Paul Pref. Holy Trinity

Weekly Bulletin #1083

*O Lord, uphold us and
our absent brethren.*

Let us change our garments for ashes and sackcloth; let us fast and lament before the Lord: plenteous in mercy is our God to forgive our sins (Joel)

Ash Wednesday



LENT

THE ATMOSPHERE OF LENT IS ONE OF PRAYER AND MORTIFICATION. One cannot be mortified without feeling a BIT OF PAIN AND DISCOMFORT. It simply cannot be said that one is abstaining when one continues to enjoy the taste of meat or whatever. One cannot fast without feeling hunger; one is not being obedient if, at the same time he continues to insist on his own way; one is not considered patient if such a one's continuous temper tantrums stomp in and out of ordinary family and daily happenings and family discussions; one is not prayerful if such a one does not pray.

During Lent we should make the effort - REAL EFFORT - to come to a better understanding of just what the SPIRITUAL-INTERIOR LIFE REALLY MEANS. It must remain the responsibility of all Latin Rite Catholic Pulpits to teach the people the basic elements of INTERIOR SPIRITUALITY==NOT TECHNICAL, CATECHICAL, POLEMICAL INFORMATION which seem to be the normal pulpit menu in many places. Priests worthy of the name must teach the people HOW TO PRAY - - AS WELL AS - - WHY THEY MUST PRAY!!!! The example of the priest (good or bad) goes very far in this matter.