

1. **CATECHISM CLASS:** Children 6 to 14 please meet Father Joseph in the vestibule right after the 10:00 Mass.
2. Today is also the Feast of the Exaltation of the Holy Cross.
3. Tomorrow is the Commemoration of the Seven Sorrows of the Blessed Virgin Mary – **OUR SORROWFUL MOTHER.** Who else than the Mother of Sorrows knows the agony of sorrow? On such a day, let us go to her and place before her all the sorrows that afflict us. She will hear our earnest and sincere cry to her. The sooner we reach the point of turning to our Blessed Lady in love and sincerity, the sooner will we reach the point of true religious peace and serenity.
4. Wednesday, Friday, and Saturday of this week are Ember Days, and are days of Fast and Abstinence. Meat may be eaten **ONCE** (at the main meal) on Wednesday and Saturday.
5. Please pray for all the Sick and Shut-ins of our Chapels. Let us pray for **EVERYONE.** **Let us especially pray for all the war victims, both soldiers and civilians, who are suffering death, injury, and destruction at the hands of their leaders. May God show His merciful Face quickly.** Let us pray for **ALL** the priests and religious men and women of the world. **NO MAN, WOMAN, OR CHILD SHOULD BE LEFT OUT OF OUR PRAYER.** God made all men to be with Him in heaven for all eternity, and this includes every human being on earth, regardless of station or condition or place. While Our Blessed Lord was hanging on the Cross He did not look around and pick and choose those for whom He was dying. He did not exclude a single member of the Human Race – even His enemies – from the wounded Love that came forth from Him during those momentous moments. Weak human nature and erroneous persuasions will prevent some from achieving the purpose intended for them by God, but that matter remains entirely between all such and God. Our only duty is to pray for **souls.** We make **no** judgments concerning such matters. If there is any sifting to be done, it is to be done by God, Himself alone. We are **NOT** the ones to do the sifting. ***Let us also remember all those who suffer death and loss of property from the ravages of nature – especially the poor, who usually suffer the most.***
6. **MASSES FOR THE WEEK:** (Father Abbot Leonard's schedule only)
 

SUNDAY:	For the People of our Chapels
MONDAY:	Special intention of Gloria Harris
TUESDAY:	Deceased Theodore Fournier, Sr
WEDNESDAY:	For Mark Trapani
THURSDAY:	Deceased Abbot Hilary Dreaper, OSB ( <i>Anniversary</i> )
FRIDAY:	For the Poor Souls in Purgatory
SATURDAY:	Special intention of Albert and Sara Schrader

### **ABOUT THE EMBER DAYS**

Many have asked about the location of the Ember Days in the liturgical calendar. The Ember Days are set at the beginning of the four seasons of the year. In earlier times, the arrangement was somewhat haphazard and confused. In order to bring good order to this custom, Pope Gregory VII arranged and prescribed the following arrangement, which is to be followed in all places by all:

The Wednesday, Friday, and Saturday after December 13 (the Feast of Saint Lucy); after Ash Wednesday; after Pentecost Sunday; and after September 14 (the Feast of the Exaltation of the Holy Cross), are the set times for the observance of the Ember Days.

The fact that the September Ember Days are placed after the Seventeenth Sunday after Pentecost – and that the December Ember Days are placed after the Second Sunday of Advent – in the missal and in the breviary means nothing. They were so located for lack of a better place to put them, because that part of the missal and the breviary follows the Proper of the Time and not the calendar days.

### *A Thought To Remember ...*

**Our commitment must be a matter of decision! It must be total and it must be absolute – and it must be expressed to our Eternal Father in love and filial expectation.**

**Ours is not simply an agreement reached between two parties pledging conformity to a certain way of religious fulfillment!**