

# Christ the King Abbey

(Traditional Benedictines)

( Formerly St Francis of Assisi Chapel)

[www.ChristTheKingAbbey.org](http://www.ChristTheKingAbbey.org)

Cullman, Alabama

Every Sunday: 6:00 AM and 10:00 AM

Daily: 6:00 AM

Holy Days of Obligation:

6:00 AM - 8:00 AM - 7:00 PM

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 AM

Only on first Sunday

of each month

St Pius V Chapel

Birmingham, Alabama

9:30 AM

Every Sunday except

first Sunday of each month

FEAST OF SAINTS PETER AND PAUL

*Sixth Sunday after Pentecost*

June 29, 2008 – Red

Mass of Feast; Gl; Cr; Pref. Apostles; comm. Sunday

Weekly Bulletin #1048

*O Lord, uphold us and  
our absent brethren.*

**O PAUL – DO NOT FAIL IN YOUR DUTY TO TEACH US – HELP US TO FOLLOW YOUR INSTRUCTION!**

“If I should speak with the tongues of men and of angels, but do not have charity, I have become as sounding brass or a tinkling cymbal. And if I have prophecy and know all mysteries and all knowledge, and if I have all faith so as to remove mountains, yet do not have charity, I am nothing. And if I distribute all my goods to feed the poor, and if I deliver my body to be burned, yet do not have charity. It profits me nothing. Charity is patient, is kind; charity does not envy, is not pretentious, is not puffed up, is not ambitious, is not self-seeking, is not provoked, thinks no evil, does not rejoice over wickedness, but rejoices with the truth; bears all things, believes all things, hopes all things, endures all things. Charity never fails, whereas prophecies will disappear, and tongues will cease, and knowledge will be destroyed.”

~ ~ MAY WE NOW PARAPHRASE A BIT ~ ~

If I should speak with the tongues of men and of angels, but live not in our Lord Jesus, I am no more than a lot of noise and am full of empty bombast. And if I should have the key to all secrets, and am master of the whole range of knowledge, and have read all the books, and studied all the sciences, and if I should have such a strong faith so as to be able to move mountains, but live not in our Lord Jesus, I am nothing. And if I distribute all my goods to feed the poor, and if I should suffer the worse tortures, and yield my body up to be burned, but live not in our Lord Jesus, I am absolutely nothing.

One living in our Lord Jesus is long suffering.

One living in our Lord Jesus is kind and considerate.

One living in our Lord Jesus is not covetous.

One living in our Lord Jesus does not brag and never promotes himself.

One living in our Lord Jesus is not conceited or vain.

One living in our Lord Jesus is not ill-mannered or uncompassionate.

One living in our Lord Jesus does not deliberately yield his body up to any impurity.

One living in our Lord Jesus is not self-seeking or self-justifying.

One living in our Lord Jesus is not irritable or given to uncontrollable fits of anger.

One living in our Lord Jesus is one of faultless honesty and integrity.

One living in our Lord Jesus does not lie and his word is always worthy of trust.

One living in our Lord Jesus is not gluttonous nor a drunkard.

One living in our Lord Jesus is not envious or jealous of others.

One living in our Lord Jesus is not avaricious or a money grabber.

One living in our Lord Jesus takes no notice of injury and is truly humble.

One living in our Lord Jesus rejoices when justice triumphs.

One living in our Lord Jesus is glad when truth prevails, when hope prevails, when peace prevails, when good prevails, when mercy prevails.

One living in our Lord Jesus is always ready to make allowances for others.

One living in our Lord Jesus does not remember past injuries, is always ready to forgive and forget.

One living in our Lord Jesus quickly and strongly struggles to resist what is known to be wrong.

One living in our Lord Jesus is patient and is tolerant of others.

One living in our Lord Jesus knows his nothingness.

One living in our Lord Jesus is never given to the spirit of self-righteousness or hypocrisy.

One living in our Lord Jesus accepts criticism with mildness and humility of mind and heart.

One living in our Lord Jesus is always prayerful in his every breath and in all his ways.

One living in our Lord Jesus lives and acts and thinks and speaks, at all times and in all places, as our Lord Jesus Himself would were He living on earth today.

When one living in our Lord Jesus enters into the company of others, even before a spoken word is exchanged, his presence is quickly noticed, the warmth of the grace of our Lord Jesus is felt, and a clear awareness of the mysterious goodness and beauty of our Lord Jesus penetrates the hearts of those present. And those present whose will is good will seem to hear unspoken words saying, “Greater things than this you shall see.”